

Curriculum Vitae

(Updated September 16, 2005)

Kerry S. Courneya, Ph.D.

PERSONAL

Citizenship: Canadian
D.O.B. July 7, 1963

Personal Address: 430 Ormsby Road West, N.W.
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Professional Address: Faculty of Physical Education, University of Alberta, E-424
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Professional Affiliations: Society of Behavioral Medicine
American College of Sports Medicine

EDUCATION

1990-1992 (Ph.D.) University of Illinois, Urbana-Champaign, Illinois, U.S.A.
Major: Kinesiology; Specialization: Exercise Psychology
Advisor: Edward McAuley, Ph.D.

1987-1989 (M.A.) University of Western Ontario, London, Ontario, Canada
Major: Physical Education; Specialization: Sport Management
Advisor: P. (Chella) Chelladurai, Ph.D.

1983-1987 (B.A. hons.) University of Western Ontario, London, Ontario, Canada
Major: Physical Education; Minor: Psychology

PROFESSIONAL EXPERIENCE

I. Current Appointments

- 07/2004 - present Canada Research Chair in Physical Activity and Cancer,
Faculty of Physical Education, University of Alberta,
Edmonton, Alberta, Canada
- 07/2000 - present Professor, Faculty of Physical Education, and Adjunct Professor,
Department of Oncology, Faculty of Medicine, University of
Alberta, Edmonton, Alberta, Canada
- 01/2000 - present Affiliated Scientist, Center for Behavioral Research and Program
Evaluation, Faculty of Applied Health Sciences, University of Waterloo,
Waterloo, Ontario, Canada
- 07/1999 - present Director, Behavioral Medicine Laboratory and Fitness Center, University
of Alberta, Edmonton, Alberta, Canada
- 07/1998 - present Scientific Staff Member, Cross Cancer Institute
Edmonton, Alberta, Canada
- 07/1997 - present Research Associate, Center for Health Promotions Studies,
University of Alberta, Edmonton, Alberta, Canada

II. Previous Appointments

- 07/1997 - 06/2000 Associate Professor, Faculty of Physical Education, and Adjunct
Associate Professor, Department of Oncology, Faculty of
Medicine, University of Alberta, Edmonton, Alberta, Canada
- 07/1996 - 06/1997 Associate Professor and Associate Dean (Research), Faculty of
Kinesiology, and Adjunct Associate Professor, Department of
Psychology, Faculty of Arts, University of Calgary, Calgary,
Alberta, Canada
- 07/1992 - 06/1996 Assistant Professor, Faculty of Kinesiology, and Adjunct Assistant
Professor, Department of Psychology, Faculty of Arts, University
of Calgary, Calgary, Alberta, Canada
- 09/1989 - 12/1989 Part Time Instructor, Faculty of Physical Education and Athletics,
McMaster University, Hamilton, Ontario, Canada

AWARDS

1. **Canada Research Chair** (2004-2011). Canada Research Chairs Program, Government of Canada, Ottawa, ON, Canada.
2. **Raine Visiting Professorship** (2004). Raine Medical Research Foundation, University of Western Australia, Crawley, WA, Australia.
3. **Killam Annual Professorship** (2001-2002). University of Alberta, Edmonton, AB, Canada.
4. **Eva Steinert Centennial Distinguished Lecturer** (2001). Department of Kinesiology, University of Illinois, Urbana, IL, USA.
5. **Investigator Award** (2000-2005). Canadian Institutes of Health Research, Ottawa, ON, Canada.
6. **McCalla Research Professorship** (2000-2001). University of Alberta, Edmonton, AB, Canada.
7. **Award of Merit for Outstanding Research** (1999-2000). Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
8. **Young Investigator Award** (1999). Society of Behavioral Medicine.
9. **Early Career Distinguished Scholar Award** (1998). North American Society for the Psychology of Sport & Physical Activity.
10. **Young Scientist Award** (1992). Canadian Society for Psychomotor Learning and Sport Psychology.
11. **Ontario Graduate Scholarship** (1989-1992). Ministry of Education, Government of Ontario, Toronto, ON, Canada (declined).

INVITED TALKS

1. **Courneya, K.S.** (2006, April). *Physical activity and quality of life in cancer survivors*. Invited presentation to be given as part of the session "Physical Activity Across the Cancer Continuum" at the International Congress of Physical Activity and Public Health sponsored by the United States Centers for Disease Control and Prevention, Atlanta, GA.
2. **Courneya, K.S.** (2006, March). *Physical activity motivation and behavior change in cancer survivors*. Invited presentation to be given to the United States National Cancer Institute, Washington, DC.
3. **Courneya, K.S.** (2006, March). *Physical activity and cancer recurrence and survival*. Invited presentation to be given as part of the keynote panel "Lifestyle Tools to Prevent Recurrences" at the Second International Cancer Rehabilitation Conference "Survivorship: Moving Forward after Treatment", Vancouver, BC.
4. **Courneya, K.S.** (2006, January). *Physical activity across the cancer experience*. Invited presentation to be given to the Health, Leisure and Human Performance Research Institute, Faculty of Physical Education and Recreation Studies, University of Manitoba, Winnipeg, MN.
5. **Courneya, K.S.** (2005, November). *Behavior change strategies for promoting physical activity in cancer survivors*. Invited presentation to be given as part of the session "Behavioral Change Strategies for Promoting Physical Activity" at the Canadian Society for Exercise Physiology, Gatineau, QC.
6. **Courneya, K.S.** (2005, October). *Exercise in cancer survivors: Current evidence and recommendations*. Invited Grand Rounds Lecture to be given as part of the "2005 Edward W. Tinmouth Lectureship in Community Cancer Care Series" hosted by St. Mary's Hospital, Montreal, QC.
7. **Courneya, K.S.** (2005, October). *Exercising cancer: New insights into how physical activity can help in the fight against cancer*. Invited Public Lecture to be given as part of the "2005 Edward W. Tinmouth Lectureship in Community Cancer Care Series" hosted by St. Mary's Hospital, Montreal, QC.
8. **Courneya, K.S.** (2005, September). *Physical activity and gynecologic cancers*. Invited presentation given at Grand Rounds for the University Hospitals of Cleveland, Department of Obstetrics and Gynecology, Cleveland, OH.
9. **Courneya, K.S.** (2005, June). *Health promoting behaviors: Things you can do*. Invited teleconference presentation given as part of the "Third Annual Cancer Survivorship Series: Living With, Through, and Beyond Cancer" presented by CancerCare, the United States National Cancer Institute, the Lance Armstrong Foundation, the Intercultural Cancer Council, Living Beyond Breast Cancer, and the National Coalition for Cancer Survivorship.
10. **Courneya, K.S.** (2005, April). *The emerging field of exercise oncology: Current evidence and future directions*. Invited presentation given at the Memorial Sloan-Kettering Cancer Center as part of the Seminar Series hosted by the Prevention, Control, and Population Research Program, New York, NY.
11. **Courneya, K.S.** (2005, March). *Physical activity in cancer survivors: Outcomes, prevalence, and determinants*. Invited presentation hosted by the Department of Exercise and Wellness, Arizona State University, Mesa, AZ.
12. **Courneya, K.S.** (2005, March). *Exercising cancer: New insights into how exercise can help you recover from cancer*. Invited presentation given at the conference "Nutrition After Cancer: A Conference on the Role of Diet and Cancer Survivorship" hosted by the American Institute for Cancer Research, San Diego, CA.
13. **Courneya, K.S.** (2005, February). *Exercise interventions in cancer survivors: Current evidence*

- and recommendations.* Invited presentation given at the 5th Annual Cancer Institute Symposium “Cancer Update: Advances in Prevention, Diagnosis, and Treatment” hosted by Southern Illinois University School of Medicine, Springfield, IL.
14. **Courneya, K.S.** (2004, November). *Exercise motivation and behavior change in cancer survivors.* Invited presentation given as part of the session "Obesity and Exercise: Role in the Primary and Secondary Prevention of Cancer" at the British Columbia Cancer Agency’s Annual Partnerships in Cancer Care Conference, Vancouver, BC.
 15. **Courneya, K.S.** (2004, November). *Exercise interventions in cancer survivors: Effects on quality of life, fatigue, and distress.* Invited presentation given as part of the session "Common Psychosocial Problems in Cancer: Quality of life, Fatigue and Distress" at the Alberta Cancer Board’s Annual Research Meeting, Banff, AB.
 16. **Courneya, K.S.** (2004, October). *Physical activity and cancer control.* Invited presentation given to the Alberta Coordinating Council for Cancer Control, Edmonton, AB.
 17. **Courneya, K.S.** (2004, October). *Exercise, physical functioning, and quality of life in older adult cancer survivors.* Invited presentation given at the 4th Conference of the International Society of Geriatric Oncology in a combined session with the Multinational Association of Supportive Care in Cancer, San Francisco, CA.
 18. **Courneya, K.S.** (2004, October). *Physical activity in cancer survivors: Outcomes, prevalence, and determinants.* Invited presentation given to the Department of Sport and Exercise Sciences, University of Birmingham, Birmingham, UK.
 19. **Courneya, K.S.** (2004, October). *Conducting randomized controlled trials of exercise in cancer patients: Lessons learned.* Keynote presentation given at a workshop entitled “Exercise and Cancer Rehabilitation Research in the UK” hosted by the Department of Exercise and Health Sciences, University of Bristol and sponsored by Cancer Research UK, Bristol, UK.
 20. **Courneya, K.S.** (2004, June). *Promoting behavior change after cancer: Physical activity.* Invited presentation given at the second biennial cancer survivorship research conference entitled “Cancer Survivorship: Pathways to Health After Treatment” sponsored by the United States National Cancer Institute's Office of Cancer Survivorship and the American Cancer Society's Behavioral Research Program, Washington, DC.
 21. **Courneya, K.S.** (2004, April). *Physical activity and the cancer survivor: Current clinical guidelines.* Invited presentation given to the Queensland Cancer Agency, Brisbane, QLD, Australia.
 22. **Courneya, K.S.** (2004, April). *Physical activity in cancer survivors: Implications for quality of life, recurrence, and survival.* Invited presentation given to the Queensland Cancer Agency, Brisbane, QLD, Australia.
 23. **Courneya, K.S.** (2004, April). *Randomized controlled trials in exercise research.* Invited presentation given to the School of Human Movement and Exercise Science, University of Western Australia, Crawley, WA, Australia.
 24. **Courneya, K.S.** (2004, April). *Exercise rehabilitation in cancer survivors: Physical fitness and quality of life outcomes.* Invited presentation given to the Hollywood Functional Rehabilitation Clinic, Perth Orthopedic Institute, Hollywood Private Hospital, Perth, WA, Australia.
 25. **Courneya, K.S.** (2004, March). *The theory of planned behavior: An application to exercise in cancer survivors.* Invited presentation given to the School of Human Movement and Exercise Science, University of Western Australia, Crawley, WA, Australia.
 26. **Courneya, K.S.** (2004, March). *Physical activity in cancer survivors: Implications for quality of life, recurrence, and survival.* Raine Visiting Professor Lecture given to the University of Western Australia, Crawley, WA, Australia.
 27. **Courneya, K.S.** (2004, February). *Exercise in the management of cancer: Implications for quality of life, recurrence, and survival.* Invited presentation to be given at the 4th annual Canadian

- Oncology Winter Conference “Targeted Therapy & Chemotherapy in Oncology”, Vernon, British Columbia.
28. **Courneya, K.S.** (2003, November). *Physical activity and cancer incidence, recurrence, and mortality*. Invited presentation given at the Latin American Society for Nutrition Conference as part of a symposium entitled “Food, Nutrition and Cancer Prevention” sponsored by the United States National Cancer Institute, the American Institute for Cancer Research, and the World Cancer Research Fund, Acapulco, Mexico.
 29. **Courneya, K.S.** (2003, October). *Exercising cancer: New insights into how exercise can reduce your risk of cancer and improve your life after cancer*. Invited presentation given at “Super Research Saturday” sponsored by the Alberta Heritage Foundation for Medical Research, the University of Alberta, and the Alberta Ingenuity Fund, Edmonton, Alberta.
 30. **Courneya, K.S.** (2003, October). *Exercise in cancer survivors: Current research and recommendations*. Invited presentation given to the School of Medicine, Southern Illinois University, Springfield, IL.
 31. **Courneya, K.S.** (2003, April). *Exercise and cancer: From prevention to survival*. Invited presentation given at the 7th Annual Health and Fitness Summit and Exposition hosted by the American College of Sports Medicine, Reno, NV.
 32. **Courneya, K.S.** (2003, March). *Physical activity and the cancer survivor*. Invited presentation given at the conference "Nutrition After Cancer: A Conference on the Role of Diet and Cancer Survivorship" hosted by the American Institute for Cancer Research, Houston, TX.
 33. **Courneya, K.S.** (2003, February). *The role of physical exercise in palliative care*. Invited presentation given at the City Wide Palliative Care Rounds, Edmonton, Alberta.
 34. **Courneya, K.S.** (2002, December). *Exercise and psychosocial outcomes in cancer survivors*. Keynote lecture given at the Third International Cancer Center Congress "New Trends in Cancer Therapy", Rovigo—Venice, Italy.
 35. **Courneya, K.S.** (2002, October). *Exercise in cancer survivors: What should we recommend*. Invited presentation given as part of the session "Exercise and the cancer survivor: What should we recommend?" at the Food and Nutrition Conference and Exhibition hosted by the American Dietetic Association, Philadelphia, PA.
 36. **Courneya, K.S.** (2002, October). *Exercise in breast cancer survivors: Research involving the Northern Alberta Breast Cancer Program*. Invited presentation given at the annual meeting of the Northern Alberta Breast Cancer Program, Jasper, Alberta.
 37. **Courneya, K.S.** (2002, July). *Energy balance in the treatment and rehabilitation of cancersurvivors*. Invited presentation given at the 18th Union Internationale Contre le Cancer (International Union Against Cancer) International Cancer Congress, Oslo, Norway.
 38. **Courneya, K.S.** (2002, June). *Exercise and fatigue in cancer survivors*. Keynote lecture given at the International Cancer Center Congress "Rehabilitation in Oncology: Topicality and Perspectives", Rovigo, Italy.
 39. **Courneya, K.S.** (2002, May). *Physical exercise and cancer control from prevention to survival: Overview of a research program*. Killam Annual Professor presentation given to the Faculty of Physical Education, University of Alberta, Edmonton, Alberta.
 40. **Courneya, K.S.** (2002, May). *Survival of the fittest? The potential role of exercise in cancer recurrence and mortality*. Invited presentation given at the conference "Nutrition After Cancer: A Conference on the Role of Diet and Cancer Survivorship" hosted by the American Institute for Cancer Research, Chicago, IL.
 41. **Courneya, K.S.** (2002, January). *Exercise clinical trials in cancer survivors: Psychosocial issues*. Invited presentation given at the speciality meeting “Physical Activity and Cancer Survivorship” hosted by the U.S. National Cancer Institute, Washington, DC.

42. **Courneya, K.S.** (2001, November). *Exercise in cancer survivors: Determinants and quality of life outcomes*. Invited presentation given to the Nutrition and Metabolism Research Group, University of Alberta, Edmonton, Alberta.
43. **Courneya, K.S.** (2001, November). *Clinical trials of exercise in cancer survivors: Biopsychosocial outcomes*. Invited presentation given at the Alberta Cancer Board's Annual Research Meeting, Banff, Alberta.
44. **Courneya, K.S.** (2001, April). *Exercise, cancer, and quality of life*. Eva Steinert Centennial Lecture given to the Department of Kinesiology, University of Illinois, Urbana, IL. [as part of the Distinguished Alumni Award].
45. **Courneya, K.S.** (2001, February). *The importance of exercise for prostate cancer patients*. Invited presentation given to the Northern Alberta Prostate Cancer Support Group, Edmonton, Alberta.
46. **Courneya, K.S.** (2001, January). *Exercise after cancer*. Invited presentation given to the South Carolina Cancer Center, Columbia, SC.
47. **Courneya, K.S.** (2001, January). *Exercise for cancer patients: Benefits, precautions, and guidelines*. Clinical tract lecture given to the Southeast Chapter of the American College of Sports Medicine, Columbia, SC.
48. **Courneya, K.S.** (2000, October). *Exercise in cancer coping and rehabilitation*. Invited presentation given to the Department of Kinesiology, McMaster University, Hamilton, Ontario.
49. **Courneya, K.S.** (1999, December). *Coping with cancer: The role of physical exercise*. Invited presentation given to the School of Kinesiology, Simon Fraser University, Vancouver, British Columbia.
50. **Courneya, K.S.** (1999, June). *Physical exercise across the cancer experience: Patterns, determinants, and quality of life outcomes*. Early Career Distinguished Scholar Award presentation given to the North American Society for the Psychology of Sport and Physical Activity, Clear Water, FL.
51. **Courneya, K.S.** (1998, January). *Physical activity interventions: Further considerations*. Invited presentation given to the Alberta Center for Well-Being, Edmonton, Alberta.
52. **Courneya, K.S.** (1997, December). *PEACE: Physical exercise across the cancer experience*. Invited presentation given at Grand Oncology Rounds, Cross Cancer Institute, Edmonton, Alberta.
53. **Courneya, K.S.** (1996, November). *Exercise in cancer patients: Patterns, determinants, and quality of life outcomes*. Invited presentation given to the Faculty of Physical Education, University of Alberta, Edmonton, Alberta.
54. **Courneya, K.S.** (1996, July). *Keeping patients exercising: Strategies for family physicians*. Invited presentation given at The First Annual Stampede Sport Medicine Conference for Family Physicians, Calgary, Alberta.
55. **Courneya, K.S.** (1996, May). *Health and exercise psychology: Overview of a research program*. Invited presentation given to the School of Human Kinetics, University of British Columbia, Vancouver, British Columbia.
56. **Courneya, K.S.** (1995, November). *Physical activity and quality of life: Adding life to years*. Invited presentation given at a Health and Wellness Symposium entitled "Changing Gears '95: A Meeting of Minds to Get Bodies Moving", Calgary, Alberta.
57. **Courneya, K.S.** (1992, February). *Predicting physical activity participation: An integration of social cognitive constructs*. Invited presentation given to the Faculty of Physical Education, University of Calgary, Calgary, Alberta.

REFEREED ARTICLES**Submitted**

1. Blanchard, C.M., Fisher, J., Sparling, P., Nehl, E., Rhodes, R.E., **Courneya, K.S.**, & Baker, F. (2005). The importance of ethnicity when examining the theory of planned behavior in a college population.
2. Blanchard, C.M., Fisher, J., Sparling, P., Nehl, E., Rhodes, R.E., **Courneya, K.S.**, & Baker, F. (2005). Understanding physical activity behavior in African-American and Caucasian college students: An application of the theory of planned behavior.
3. Blanchard, C.M., Reid, R.D., Morrin, L.I., Beaton, L.J., Pipe, A., **Courneya, K.S.**, & Plotnikoff, R.C. (2005). Association between barrier self-efficacy and exercise over a 12-month period in male and female cardiac patients.
4. Campbell, K.L., Fairey, A.S., Westerlind, K.C., Harber, V.J., Friedenreich, C.M., & **Courneya, K.S.** (2005). Associations among aerobic fitness, body composition, and adiponectin in premenopausal women.
5. **Courneya, K.S.**, Jones, L.W., Mackey, J.R., & Fairey, A.S. (2005). Exercise beliefs of breast cancer survivors before and after participation in a randomized controlled exercise trial.
6. Fairey, A.S., **Courneya, K.S.**, Field, C.J., Bell, G.J., Jones, L.W., & Mackey, J.R. (2005). Effect of exercise training on sex steroid hormones in postmenopausal breast cancer survivors: A randomized controlled trial.
7. Friedenreich, C.M., **Courneya, K.S.**, Neilson, H., Matthews, C., Irwin, M., Willis, G., Troiano, R., Ballard-Barbash, R. (2005). Reliability and validity of the past year total physical activity questionnaire.
8. Jones, L.W., **Courneya, K.S.**, Vallance, J.K.H., Ladha, A.B. Mant, M.J., Belch, A.R., & Reiman, T. (2005). Understanding the determinants of exercise intentions in multiple myeloma cancer survivors: An application of the theory of planned behavior.
9. Jones, L.W., Haykowsky, M., Peddle, C.J., Joy, A.A., Pituskin, E.A., Tkachuk, L.M., **Courneya, K.S.**, Slamon, D.J., & Mackey, J.R. (2005). Cardiovascular risk profile of HER2/neu positive breast cancer patients treated with doxorubicin and/or trastuzumab containing adjuvant chemotherapy.
10. Karvinen, K.H., **Courneya, K.S.**, Campbell, K.L., Pearcey, R.G., Dundas, G. Capstick, V., & Tonkin, K.S. (2005). Correlates of exercise motivation and behavior in a population-based sample of endometrial cancer survivors: An application of the theory of planned behavior.
11. Karvinen, K.H., **Courneya, K.S.**, Campbell, K.L., Pearcey, R.G., Dundas, G. Capstick, V., & Tonkin, K.S. (2005). Exercise preferences in a population-based sample of endometrial cancer survivors.
12. Keats, M.R., Culos-Reed, S.N., & **Courneya, K.S.** (2005). Physical activity in pediatric cancer survivors: Counselling attitudes and behaviours of pediatric oncologists. *Oncology Exchange*.
13. Keats, M.R., Culos-Reed, S.N., **Courneya, K.S.**, & McBride, M. (2005). Understanding physical activity behaviors in adolescent cancer survivors: An application of the Theory of Planned Behavior.
14. Keats, M.R., Culos-Reed, S.N., **Courneya, K.S.**, & McBride, M. (2005). An examination of physical activity behaviors in a sample of adolescent cancer survivors.
15. Ladha, A.B., **Courneya, K.S.**, Bell, G., Field, C.J., & Grundy, P. (2005). Effects of acute exercise on immune function in children and adolescents receiving maintenance therapy for acute lymphoblastic leukemia: A pilot study.
16. McNeely, M.L., Campbell, K.L., Rowe, B., Wiebe, N., Klassen, T., Mackey, J.R., & **Courneya, K.S.**

- K.S.** (2005). Exercise interventions in breast cancer patients: A meta-analysis of randomized controlled trials.
17. Plotnikoff, R.C., Brunet, S., **Courneya, K.S.**, Spence, J.C., Birkett, N.J., Marcus, B., Carlson, M., & Whitley, J. (2005). A randomized controlled trial comparing stage-matched and standard materials for promoting physical activity in the workplace: The physical activity workplace (PAWS) study.
 18. Plotnikoff, R.C., Taylor, L.M., Wilson, P.M., **Courneya, K.S.**, Sigal, R.J., Birkett, N., Raine, K., & Svenson, L.W. (2005). Demographic and health factors associated with physical activity in adults with type 1 or type 2 diabetes.
 19. Reid, R.D., Morrin, L.I., Pipe, A.L., Dafoe, W.A., Higginson, L.A.J., Wielgosz, A., MacDonald, P., Plotnikoff, R., **Courneya, K.S.**, Oldridge, N.B., Beaton, L.J., Papadakis, S., D'Angelo, M.E.S., Tulloch, H., & Blanchard, C. (2005). Physical activity following hospitalization for coronary artery disease: The Tracking Exercise After Cardiac Hospitalization (TEACH) Study.
 20. Rogers, L.Q., **Courneya, K.S.**, Shah, P., Dunnington, G., & Hopkins-Price, P. (2005). Exercise stage of change, barriers, expectations, values, and preferences among breast cancer patients during treatment.

Published/In Press

1. Csizmadi, I., Friedenreich, C.M., Bryant, H.E., & **Courneya, K.S.** (in press). An analysis of the effect of selection bias on the association of hormone replacement therapy and breast cancer risk. *Chronic Diseases in Canada*.
2. **Courneya, K.S.**, Conner, M., & Rhodes, R.E. (in press). Effects of different measurement scales on the variability and predictive validity of the “two-component” model of the theory of planned behavior in the exercise domain. *Psychology and Health*.
3. Ingram, C., **Courneya, K.S.**, & Kingston, D. (in press). Effects of exercise on body weight and composition in breast cancer survivors: An integrated systematic review. *Oncology Nursing Forum*.
4. Jones, L.W., **Courneya, K.S.**, Peddle, C.J., & Mackey, J.R. (in press). Oncologists' attitudes towards recommending exercise to cancer patients: A Canadian national survey. *Supportive Care in Cancer*.
5. Jones, L.W., **Courneya, K.S.**, Peddle, C.J., & Mackey, J.R. (in press). Determinants of an oncologist-based exercise recommendation: An application of the Theory of Planned Behavior. *Rehabilitation Oncology*.
6. Rogers, L.Q., **Courneya, K.S.**, Markwell, S., & Lanzotti, V. (in press). Exercise barrier and task self-efficacy in breast cancer patients during treatment. *Supportive Care in Cancer*.
7. Vallance, J.K.H., **Courneya, K.S.**, Jones, L.W., & Reiman, T. (in press). Differences in quality of life between non-Hodgkin's lymphoma survivors meeting and not meeting public health exercise guidelines. *Psycho-Oncology*.
8. Vallance, J.K.H., **Courneya, K.S.**, Jones, L.W., & Reiman, T. (in press). Exercise preferences among a population-based sample of non-Hodgkin's lymphoma survivors. *European Journal of Cancer Care*.
9. Walker, G.J., **Courneya, K.S.**, & Deng, J. (in press). Ethnicity, gender and the theory of planned behavior: The case of playing the lottery. *Journal of Leisure Research*.
10. Brunet, S., Plotnikoff, R.C., Raine, K., & **Courneya, K.S.** (2005). Physical activity of Aboriginals with type 2 diabetes: An exploratory study. *Ethnicity & Disease*, **15**, 256-266.
11. Campbell, K.L., Westerlind, K.C., Harber, V.J., Friedenreich, C.M., & **Courneya, K.S.** (2005). Associations between aerobic fitness and estrogen metabolites in premenopausal women. *Medicine & Science in Sports & Exercise*, **37**, 585-592.

12. **Courneya, K.S.**, Friedenreich, C.M., Quinney, H.A., Fields, A.L.A., Jones, L.W., Vallance, J.K.H., & Fairey, A.S. (2005). A longitudinal study of exercise barriers in colorectal cancer survivors participating in a randomized controlled trial. *Annals of Behavioral Medicine*, **29**, 147-153.
13. **Courneya, K.S.**, Karvinen, K.H., Campbell, K.L., Pearcey, R.G., Dundas, G. Capstick, V., & Tonkin, K.S. (2005). Associations among exercise, body weight, and quality of life in a population-based sample of endometrial cancer survivors. *Gynecologic Oncology*, **97**, 422-430.
14. **Courneya, K.S.**, Vallance, J.K.H., Jones, L.W., & Reiman, T. (2005). Correlates of exercise intentions in non-Hodgkin's lymphoma survivors: An application of the theory of planned behavior. *Journal of Sport & Exercise Psychology*, **27**, 335-349.
15. Fairey, A.S., **Courneya, K.S.**, Field, C.J., Bell, G.J., Jones, L.W., & Mackey, J.R. (2005). Randomized controlled trial of exercise and blood immune function in postmenopausal breast cancer survivors. *Journal of Applied Physiology*, **98**, 1534-1540.
16. Fairey, A.S., **Courneya, K.S.**, Field, C.J., Bell, G.J., Jones, L.W., & Mackey, J.R. (2005). Effects of exercise training on C-reactive protein in postmenopausal breast cancer survivors: A randomized controlled trial. *Brain, Behavior, and Immunity*, **19**, 381-388.
17. Jones, L.W., **Courneya, K.S.**, Fairey, A.S., & Mackey, J.R. (2005). Does the theory of planned behavior mediate the effects of an oncologist's recommendation to exercise in newly diagnosed breast cancer survivors? Results from a randomized controlled trial. *Health Psychology*, **24**, 189-197.
18. Jones, L.W., Eves, N.D., **Courneya, K.S.**, Chiu, B.K., Baracos, V.E., Hanson, J., Johnson, L., & Mackey, J.R. (2005). Effects of exercise training on antitumor efficacy of doxorubicin in MDA-MB-231 breast cancer xenografts. *Clinical Cancer Research*, **11**, 6695-6698.
19. Rhodes, R.E., & **Courneya, K.S.** (2005). Threshold assessment of attitude, subjective norm, and perceived behavioral control for predicting exercise intention and behavior. *Psychology of Sport and Exercise*, **6**, 349-361.
20. Rhodes, R.E., **Courneya, K.S.**, & Jones, L.W. (2005). The theory of planned behavior and lower-order personality traits: Interaction effects in the exercise domain. *Personality and Individual Differences*, **38**, 251-265.
21. Rogers, L.Q., Shah, P., Dunnington, G., Greive, A., Shanmugham, A., Dawson, B., & **Courneya, K.S.** (2005). Social cognitive theory and physical activity during breast cancer treatment. *Oncology Nursing Forum*, **32**, 807-821.
22. Schmitz, K.H., Holtzman, J., **Courneya, K.S.**, Masse, L., Duval, S., & Kane, R. (2005). Controlled physical activity trials in cancer survivors: A systematic review and meta-analysis. *Cancer Epidemiology, Biomarkers & Prevention*, **14**, 1588-1595.
23. Blanchard, C.M., Nehl, E., Rhodes, R.E., Baker, F., Anessi, J., **Courneya, K.S.**, & Spence, J.C. (2004). Does ethnicity moderate the associations between the theory of planned behavior and physical activity? *International Journal of Cancer Prevention*, **1**(3), 89-97.
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91. **Courneya, K.S.**, Nigg, C.R., & Estabrooks, P.A. (1997). Predicting changes in exercise stage over a three year period. *Annals of Behavioral Medicine*, **19**, S90, A19.
92. Estabrooks, P.A., **Courneya, K.S.**, & Nigg, C.R. (1997). Does fitness testing and relapse prevention training increase attendance at a private fitness club. *Journal of Sport & Exercise Psychology*, **19**, S90, A19.
93. Estabrooks, P.A., & **Courneya, K.S.** (1996). Exercise behavior and exercise intention: An application of the self-schema theory. *Journal of Sport and Exercise Psychology*, **18**, S28.
94. Nigg, C.R., & **Courneya, K.S.** (1996). Application of the transtheoretical model to adolescent exercise behavior. *Journal of Sport and Exercise Psychology*, **18**, S61.
95. Nigg, C.R., **Courneya, K.S.**, & Estabrooks, P.A. (1996). Differential self monitoring and self-reported fitness club attendance. *Journal of Sport and Exercise Psychology*, **18**, S61.
96. **Courneya, K.S.**, & McAuley, E. (1995). Attributions following structured exercise: A test of Weiner's model. *Journal of Sport and Exercise Psychology*, **17**, S30.
97. **Courneya, K.S.**, & McAuley, E. (1995). Reliability and discriminant validity of three measures of social influence. *Journal of Sport and Exercise Psychology*, **17**, S31.
98. **Courneya, K.S.** (1994). Integrating the stages of change model with the theory of planned behavior. *Journal of Sport and Exercise Psychology*, **16**, S42.
99. **Courneya, K.S.**, & McAuley, E. (1994). Predicting frequency, intensity, and duration of physical activity. *Journal of Sport and Exercise Psychology*, **16**, S42.
100. **Courneya, K.S.** (1993). Effect of scale correspondence on the intention-physical activity relationship. *Journal of Sport and Exercise Psychology*, **15**, S18.
101. **Courneya, K.S.**, & McAuley, E. (1993). Comparison of short and long range intentions in the prediction of physical activity participation. *Journal of Sport & Exercise Psychology*, **15**, S18.
102. McAuley, E., Rudolph, D., Lox, C., & **Courneya, K.S.** (1993). Exercise, affect, and appraisals in older adults. *Journal of Sport and Exercise Psychology*, **15**, S56.

NONREFEREED PUBLICATIONS

1. Brunet, S., Plotnikoff, R., Raine, K., & **Courneya, K.S.** (2005). Exercise is important to preventing and controlling type 2 diabetes. *Ethnicity & Disease*, **15**, 353-354.
2. Blanchard, C.M., **Courneya, K.S.**, Stein, K.D., Baker, F., Dent, M.F., Denniston, M.M., & Nehl, E. (2003). Association between current lifestyle behaviors and health-related quality of life in breast, colorectal, and prostate cancer survivors. *Research Update*, 10(1). Alberta Centre for Active Living.
3. **Courneya, K.S.** (2000). Physical activity and prostate cancer. *Wellspring*, 11(2), 6. A publication of the Alberta Centre for Well-Being.
4. Keats, M.R., & **Courneya, K.S.** (2000). Organized sport patterns and psychosocial well-being in adolescents following cancer diagnosis. *Research Update*, 8(2). A joint publication of the Alberta Centre for Well-Being and Alberta Cancer Board.
5. **Courneya, K.S.**, Friedenreich, C.M., Arthur, K., & Bobick, T.M. (1998). Physical exercise and quality of life following colorectal cancer surgery. *Research Update*, 6(1). A joint publication of the Alberta Centre for Well-Being and Alberta Cancer Board.
6. Friedenreich, C.M., **Courneya, K.S.**, & Bryant, H.E. (1996). Development and testing of the lifetime total physical activity questionnaire. *Research Update*, 4(2). A joint publication of the Alberta Centre for Well-Being and Alberta Cancer Board.

REFEREED PRESENTATIONS**(a) Symposia/Seminars**

1. **Courneya, K.S.** (2006, June). *Physical activity in prostate cancer survivors*. Paper to be presented as part of a mini-symposium entitled “Physical Activity and Prostate Cancer: Mechanistic, Population and Survivor Studies” at the American College of Sports Medicine, Denver, CO. [Wolen, K.Y. (Organizer), Courneya, K.S., Lee, I-M, & Barnard, J.].
2. Lippke, S., Plotnikoff, R., **Courneya, K.S.**, Birkett, N., & Sigal, R. (2005, May). *A test of the HAPA model to predict physical activity in individuals with type 2 diabetes*. Paper presented as part of the symposium entitled “Theories to Predict Health Enhancing Physical Activity” at the Sport Psychology Conference, Freiburg, Germany.
3. **Courneya, K.S.** (2005, April). *Promoting physical activity after cancer: Why and how?* Paper presented as part of the seminar entitled “Effective Strategies for Promoting Health Behavior Change After Cancer: Why and How?” at the Society of Behavioral Medicine, Boston, MA. [Pinto, B.M. (Organizer), Courneya, K.S., Demark-Wahnefried, W., & Ostroff, J.].
4. **Courneya, K.S.** (2004, June). *Physical activity interventions in cancer survivors: Psychosocial endpoints*. Paper presented as part of a mini-symposium entitled “Effects of Physical Activity Interventions on Cancer Patients and Survivors: A Systematic Review of the Evidence” at the American College of Sports Medicine, Indianapolis, IN. [Schmitz, K.H. (Organizer), Courneya, K.S., & Masse, L.].
5. **Courneya, K.S.** (2002, June). *Exercise in cancer survivors: Biopsychosocial outcomes*. Paper presented as part of a symposium entitled “Physical Activity, Exercise, and Cancer: From Prevention to Treatment” at the American College of Sports Medicine, St. Louis, MO. [McTiernan, A. (Organizer), Lee, I-M, Westerlind, K.C., Hoffman-Goetz, L., & Courneya, K.S.].
6. **Courneya, K.S.** (2001, March). *Clinical trials of exercise in cancer patients: Rationale, methods, and outcomes*. Paper presented as part of a symposium entitled “Designing and Evaluating Physical Activity and Exercise Interventions for Cancer Patients” at the Society of Behavioral Medicine, Seattle, WA. [Jacobsen, P. (Organizer), Courneya, K.S., Carmack, C., Pinto, B., Andrykowski, M. (Discussant)].
7. **Courneya, K.S.** (2000, October). *Potential contribution of social psychology to understanding exercise in cancer patients and survivors*. Paper presented as part of a symposium entitled “Social Psychology in Physical Activity and Disease” at the Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, ON. [Brawley, L. (Organizer), Courneya, K.S., Culos-Reed, N., Gauvin, L., & Martin, K.].
8. **Courneya, K.S.** (1991, October). *Aggression and the home advantage*. Paper presented as part of a symposium entitled “Aggression in Sport: Antecedents, Consequences, and Controls” at the Canadian Society for Psychomotor Learning and Sport Psychology, London, ON. [Widmeyer, W.N. (Organizer), Curtis, J.E., McGuire, E.J., Courneya, K.S., Brice, J.D., Birch, J.S., & Ward, G.].
9. **Courneya, K.S.**, & Carron, A.V. (1990, October). *Home advantage: Present status and future directions*. Symposium presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Windsor, ON.

(b) Free Communications (add EHPS 05)

1. Bell, G.J., Harber, V.J., Rodgers, W.M., **Courneya, K.S.**, & Webster, T.G. (2005, November). *Traditional fitness training versus 10,000 steps a day: Cardiorespiratory fitness outcomes from the Health 1st study*. Poster to be presented at the Canadian Society for Exercise Physiology,

- Gatineau, QC.
2. Barrett, J.E., Plotnikoff, R.C., **Courneya, K.S.**, & Raine, K.D. (2005, October). *Physical activity and type 2 diabetes: Exploring the role of gender and socioeconomic status*. Poster to be presented at the Canadian Diabetes Association Conference, Edmonton, AB.
 3. Campbell, K.L., Fairey, A.S., Westerlind, K.C., Harber, V.J., Friedenreich, C.M., & **Courneya, K.S.** (2005, June). *Association between aerobic fitness and adiponectin in premenopausal women*. Poster presented at the American College of Sports Medicine, Nashville, TN.
 4. **Courneya, K.S.**, Jones, L.W., Mackey, J.R., & Fairey, A.S. (2005, June). *Exercise beliefs of breast cancer survivors before and after participation in a randomized controlled trial*. Poster presented at the American College of Sports Medicine, Nashville, TN.
 5. Karvinen, K.H., **Courneya, K.S.**, Campbell, K.L., Pearcey, R.G., Dundas, G., & Tonkin, K.S. (2005, June). *Individual motivational determinants of exercise in endometrial cancer survivors: An application of the Theory of Planned Behavior*. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, St. Petersburg Beach, FL.
 6. Ladha, A.B., **Courneya, K.S.**, Grundy, P., Bell, G., Field, C.J., Robertson M., & Cuvelier, G. (2005, June). *Effect of acute exercise on neutrophils in children receiving maintenance treatment for acute lymphoblastic leukemia*. Paper presented at the American College of Sports Medicine, Nashville, TN.
 7. Rogers, L.Q., **Courneya, K.S.**, Shah, P., Dunnington, G., Greive, A., Shanmugham, A., & Dawson, B. (2005, June). *Physical activity correlates during breast cancer treatment within a social cognitive theory framework*. Poster presented at the American College of Sports Medicine, Nashville, TN.
 8. Vallance, J.K.H., **Courneya, K.S.**, Jones, L.W., & Reiman, T. (2005, June). *Quality of life differences among non-Hodgkin's lymphoma survivors meeting and not meeting national exercise prescription guidelines*. Poster presented at the American College of Sports Medicine, Nashville, TN.
 9. **Courneya, K.S.**, Jones, L.W., Rhodes, R.E., & Blanchard, C.M. (2005, April). *Effects of different combinations of intensity categories on self-reported exercise*. Poster presented at the Society of Behavioral Medicine, Boston, MA.
 10. **Courneya, K.S.**, Karvinen, K.H., Campbell, K.L., Pearcey, R.G., Dundas, G. Capstick, V., & Tonkin, K.S. (2005, April). *Associations among exercise, body weight, and quality of life in a population-based sample of endometrial cancer survivors*. Poster presented at the Society of Behavioral Medicine, Boston, MA.
 11. Plotnikoff, R., Lippke, S., Eves, N., & **Courneya, K.S.** (2005, April). *Co-morbidity, difficulties in performing tasks of daily living and physical activity in individuals with type 1 and 2 diabetes*. Poster presented at the Society of Behavioral Medicine, Boston, MA.
 12. Rogers, L.Q., **Courneya, K.S.**, Verhulst, S.J., Lanzotti, V.J., & Shah, P. (2005, April). *Psychometric properties of exercise self-efficacy scales for breast cancer patients*. Poster presented at the Society of Behavioral Medicine, Boston, MA.
 13. Walker, G.J., & **Courneya, K.S.** (2005, February). *Ethnicity, gender, & the TPB: The case of playing the lottery*. Paper presented at the South East Recreation Research Conference, Savannah, Georgia.
 14. Karvinen, K.H., **Courneya, K.S.**, Campbell, K.L., Pearcey, R.G., Dundas, G., & Tonkin, K.S. (2004, October). *Associations among self-esteem, body image, and exercise in endometrial cancer survivors*. Paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Saskatoon, SK
 15. Vallance, J.K.H., **Courneya, K.S.**, Jones, L.W., & Reiman, A. (2004, October). *Physical exercise and cancer-related pain in a population-based sample of non-Hodgkin's lymphoma survivors*.

Paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Saskatoon, SK.

16. **Courneya, K.S.**, (2004, August). *Physical activity in cancer survivors: an overview*. Paper presented at the International Congress of Behavioral Medicine, Mainz, Germany.
17. Jones, L.W., **Courneya, K.S.**, Vallance, J.K.H., Ladha, A.B. Mant, M.J., Belch, A.R., & Reiman, A. (2004, August). *Relationship between exercise and quality of life in multiple myeloma cancer survivors*. Paper presented at the International Congress of Behavioral Medicine, Mainz, Germany.
18. Plotnikoff, R.C., Brunet, S., **Courneya, K.S.**, Spence, J., Birkett, N., & Marcus, B. (2004, August). *Canadian physical activity worksite trial*. Poster presented at the International Congress of Behavioral Medicine, Mainz, Germany.
19. Plotnikoff, R.C., Wilson, P.M., Taylor, L.M., **Courneya, K.S.**, Sigal, R.J., Birkett, N., Raine, K., & Svenson, L. (2004, August). *Social and health correlates of physical activity in Type 1 and Type 2 diabetes: An adult population sample*. Poster presented at the International Congress of Behavioral Medicine, Mainz, Germany.
20. Rodgers, W.M., **Courneya, K.S.**, & Murray, T. (2004, August). *More evidence that perceived behavioural control is multidimensional - a consideration of physical activity*. Paper presented at the European Health Psychology Society, Helsinki, Finland.
21. Blanchard, C.M., Fisher, J., Sparling, P., Nehl, E., **Courneya, K.S.**, Rhodes, R.E., & Baker, F. (2004, June). *Using the theory of planned behavior to explain exercise behavior in a community sample of African-Americans and Caucasians*. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Vancouver, BC.
22. Campbell, K.L., Westerlind, K.C., Harber, V.J., Friedenreich, C.M., **Courneya, K.S.** (2004, June). *Estrogen metabolites in premenopausal women with average versus high aerobic fitness: Implications for breast cancer*. Paper presented at the American College of Sports Medicine, Indianapolis, IN.
23. **Courneya, K.S.**, Segal, R.J., Reid, R.D., Jones, L.W., Malone, S.C., Venner, P.M., Parliament, M.B., Scott, C.G., Quinney, H.A., & Wells, G.A. (2004, June). *Predictors of adherence in a randomized controlled trial of exercise in prostate cancer survivors*. Paper presented at the American College of Sports Medicine, Indianapolis, IN.
24. Jones, L.W., **Courneya, K.S.**, Peddle, C., & Mackey, J.R. (2004, June). *Oncologists' attitudes towards recommending exercise to cancer patients: A Canadian national survey*. Poster presented at the American Society of Clinical Oncology, New Orleans, LA.
25. Blanchard, C.M., Fisher, J., Sparling, P., Nehl, E., Rhodes, R.E., & **Courneya, K.S.** (2003, October). *Does it matter if you're black or white when utilizing the theory of planned behavior in the exercise domain? A pilot study*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Hamilton, ON.
26. Campbell, K.L., Eves, N.D., Scott, J.M., Harber, V.J., & **Courneya, K.S.** (2003, October). *Ventilatory efficiency is positively correlated with exercise capacity in premenopausal women*. Poster presented at the Canadian Society for Exercise Physiology, Niagara Falls, ON.
27. Friedenreich, C.M., **Courneya, K.S.**, McTiernan, A., Ballard-Barbash, R., Irwin, M.L., Yaffe, M.J., Boyd, N., Terry, T., Jones, C.A., Brant, R.F., Cameron, B., & Orenstein, M.R. (2003, October). *ALPHA trial (Alberta physical activity and breast cancer prevention trial): Rationale and methods*. Poster presented at the Canadian Breast Cancer Research Alliance's "Reasons for Hope Conference", Ottawa, ON.
28. Plotnikoff, R., Wilson, P.M., **Courneya, K.S.**, Birkett, N., Sigal, R., Raine, K., & Svenson, L. (2003, October). *Determinants of physical activity intentions for healthy weight, overweight and obese groups of people with diabetes: An application of the Theory of Planned Behavior*. Canadian Diabetes Association Conference, Ottawa, ON.

29. Friedenreich, C.M., McGregor, S.E., **Courneya, K.S.**, Angyalfi, S.J., & Elliott, F.G. (2003, June). Case-control study of anthropometric measures and prostate cancer risk. Paper presented at the Canadian Society for Epidemiology and Biostatistics, Halifax, Nova Scotia.
30. McGregor, S.E., Friedenreich, C.M., **Courneya, K.S.**, Angyalfi, S.J., & Elliott, F.G. (2003, June). *Case-control study of lifetime alcohol consumption and risk of prostate cancer*. Paper presented at the Canadian Society for Epidemiology and Biostatistics, Halifax, Nova Scotia.
31. **Courneya, K.S.**, Friedenreich, C.M., Quinney, H.A., Fields, A.L.A., Jones, L.W., & Fairey, A.S. (2003, May). *Predictors of adherence and contamination in a randomized trial of exercise in colorectal cancer survivors*. Paper presented at the American College of Sports Medicine, San Francisco, CA.
32. Rhodes, R.E. & **Courneya, K.S.** (2003, May). *Threshold assessment of the theory of planned behavior for predicting exercise intention and behavior*. Poster presented at the American College of Sports Medicine, San Francisco, CA.
33. **Courneya, K.S.**, Friedenreich, C.M., Quinney, H.A., Fields, A.L.A., Jones, L.W., Vallance, J.K.H. & Fairey, A.S. (2003, April). *Barriers to exercise in colorectal cancer survivors during a randomized controlled trial*. Paper presented at the 6th World Congress of Psycho-Oncology, Banff, AB, Canada.
34. Blanchard, C.M., Cokkinides, V., Nehl, E.J., Stein, K.D., Baker, F., & **Courneya, K.S.** (2003, March). *Comparing physical activity behavior of breast cancer survivors after treatment to non-cancer controls*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, Utah.
35. Blanchard, C.M., **Courneya, K.S.**, Rodgers, W.M., Fraser, S., Murray, T., Daub, B., & Black, B. (2003, March). *Is the theory of planned behavior a useful framework for understanding exercise behavior during phase II cardiac rehabilitation?* Poster presented at the Society of Behavioral Medicine, Salt Lake City, Utah.
36. Blanchard, C.M., Nehl, E.J., Rhodes, R.E., Fisher, J., Sparling, P., & **Courneya, K.S.** (2003, March). *The moderating influence of ethnicity on the theory of planned behavior in the exercise domain*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, Utah.
37. Blanchard, C.M., Stein, K.D., Baker, F., Dent, M.F., Denniston, M.M., Nehl, E.J., & **Courneya, K.S.** (2003, March). *Current lifestyle behaviors and health-related quality of life in breast, colorectal, and prostate cancer survivors*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, Utah.
38. **Courneya, K.S.**, Friedenreich, C.M., Sela, R., Quinney, H.A., Rhodes, R.E., & Jones, L.W. (2003, March). *Understanding exercise adherence in cancer survivors after participation in a randomized controlled trial: An attributional perspective*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, Utah.
39. **Courneya, K.S.**, Jones, L.W., Rhodes, R.E., & Blanchard, C.M. (2003, March). *Effect of response scales on self-reported exercise frequency*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, Utah.
40. Fairey, A.S., **Courneya, K.S.**, Field, C.J., Bell, G.J., Jones, L.W. & Mackey, J.R. (2003, March). *Effects of exercise training on natural killer cell cytotoxic activity in postmenopausal breast cancer survivors: A randomized controlled trial*. Paper presented at the Society of Behavioral Medicine, Salt Lake City, Utah. [Citation Abstract].
41. Jones, L.W., **Courneya, K.S.**, Fairey, A.S., & Mackey, J.R. (2003, March). *Effects of an oncologist recommendation to exercise on mediating variables in the theory of planned behavior*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, Utah. [Selected as a Meritorious Student Poster and a Citation Abstract].
42. Jones, L.W., **Courneya, K.S.**, Fairey, A.S., & Mackey, J.R. (2003, March). *The oncologist recommendation to exercise (ONCORE) trial: Final results*. Poster presented at the Society of

Behavioral Medicine, Salt Lake City, Utah.

43. Plotnikoff, R.C., & **Courneya, K.S.** (2003, March). *Physical activity and diabetes: Baseline results of a population-based longitudinal test of the theory of planned behavior*. Poster submitted to the Society of Behavioral Medicine, Salt Lake City, Utah.
44. Plotnikoff, R.C., & **Courneya, K.S.** (2003, March). *Baseline results of a diabetes population-based longitudinal test of the transtheoretical model in the physical activity domain*. Poster submitted to the Society of Behavioral Medicine, Salt Lake City, Utah.
45. Plotnikoff, R.C., Wilson, P., **Courneya, K.S.**, Birkett, N., Sigal, R., Raine, K., & Svenson, L. (2003, March). *Social and health characteristics associated with a population sample of persons with diabetes who meet public health physical activity guidelines*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, Utah.
46. Rhodes, R.E., **Courneya, K.S.**, & Jones, L.W. (2003, March). *Translating exercise intentions into behavior: Social cognitive and personality influences*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, Utah.
47. Rhodes, R.E., **Courneya, K.S.**, & Jones, L.W. (2003, March). *Lower-order personality traits and the theory of planned behavior: Interaction effects in the exercise domain*. Poster presented at the Society of Behavioral Medicine, Salt Lake City, Utah.
48. Fisher, J., Woods, C., Blanchard, C., Sparling, P., Rhodes, R., **Courneya, K.**, Baker, F., & Nehl, E. (2003, January). *Gender and ethnic differences in physical activity in undergraduate college students*. Poster presented at the Southeast Chapter of the American College of Sports Medicine, Atlanta, Georgia.
49. Fairey, A.S., **Courneya, K.S.**, Field, C.J., Bell, G., Jones, L.W., & Mackey, J.R. (2002, December). *Effects of exercise training on insulin-like growth factor-1 (IGF-1) and insulin-like growth factor binding protein-3 (IGFBP-3) in postmenopausal breast cancer survivors: Results from the REHAB randomized controlled trial*. Poster presented at the 25th Annual San Antonio Breast Cancer Symposium, San Antonio, Texas.
50. Rhodes, R.E., & **Courneya, K.S.** (2002, October). *Past behavior and the theory of planned behavior: modeling strategies and interpretation*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Vancouver, BC.
51. Plotnikoff, R.C., **Courneya, K.S.**, Spence, J.C., & Rhodes, R.E. (2002, August). *The development of an integrated stage model for population-based physical activity interventions*. Poster presented at the International Congress of Behavioural Medicine, Helsinki, Finland.
52. Friedenreich, C.M., McGregor, S.E., **Courneya, K.S.**, Angyalfi, S.J., & Elliott, F.G. (2002, June). *Case-control study of lifetime total physical activity and prostate cancer risk*. Poster presented at the Society for Epidemiologic Research, Palm Desert, CA.
53. Segal, R.J., Scott, C., Malone, S., Reid, R., **Courneya, K.S.**, et al. (2002, May). *Randomized trial of progressive resistance exercise training in men with prostate cancer receiving androgen deprivation (ADT) therapy*. Paper presented at the Canadian Association of Psychosocial Oncology, Halifax, NS.
54. Rhodes, R.E., Jones, L.W., & **Courneya, K.S.** (2002, May). *Moderating effects of personality on exercise motivation*. Poster presented at the American College of Sports Medicine, St. Louis, MO.
55. Jones, L.W., **Courneya, K.S.**, Mackey, J.R., Fairey, A.S., & Pituskin, E. (2002, May). *A randomized trial of the effects of an oncologist's recommendation to exercise in newly diagnosed breast cancer survivors: Preliminary results*. Paper presented at the Annual Meeting of the American Society of Clinical Oncology, Orlando, Florida.
56. Rhodes, R.E., & **Courneya, K.S.** (2002, May). *Determinants of physical exercise motivation among breast cancer survivors: An application of an extended theory of planned behavior model*. Paper presented at the World Breast Cancer Conference, Victoria, BC, Canada.

57. Blanchard, C.M., Denniston, M., Baker, F., Ainsworth, S.R., Hann, D.M., **Courneya, K.S.**, Gesme, D.H., Reding, D., Flynn, T., & Kennedy, J.S. (2002, April). *Do adults change their lifestyle behaviors after a cancer diagnosis?* Poster presented at the Society of Behavioral Medicine, Washington, DC.
58. Blanchard, C.M., Denniston, M., Baker, F., Ainsworth, S.R., Hann, D.M., **Courneya, K.S.**, Gesme, D.H., Reding, D., Flynn, T., & Kennedy, J.S. (2002, April). *Is absolute amount of exercise or change in exercise more associated with quality of life in adult cancer survivors?* Poster presented at the Society of Behavioral Medicine, Washington, DC.
59. **Courneya, K.S.**, Friedenreich, C.M., Quinney, H.A., Fields, A.L.A., Jones, L.W., & Fairey, A.S. (2002, April). *The colorectal cancer and home-based physical exercise (CAN-HOPE) trial: Physical fitness and quality of life outcomes.* Poster presented at the Society of Behavioral Medicine, Washington, DC.
60. **Courneya, K.S.**, Friedenreich, C.M., Sela, R., Quinney, H.A., & Rhodes, R.E. (2002, April). *Correlates of adherence and contamination in a randomized controlled trial of exercise in cancer survivors.* Paper presented at the Society of Behavioral Medicine, Washington, DC.
61. **Courneya, K.S.**, Friedenreich, C.M., Sela, R., Quinney, H.A., Rhodes, R.E., & Handman, M. (2002, April). *Home-based exercise improves quality of life in cancer survivors beyond group psychotherapy: Results of a randomized controlled trial.* Paper presented at the Society of Behavioral Medicine, Washington, DC.
62. **Courneya, K.S.**, Mackey, J.R., Jones, L.W., Bell, G.J., Field, C.J., & Fairey, A.S. (2002, April). *The rehabilitation exercise for health after breast cancer (REHAB) trial: Quality of life outcomes.* Poster presented at the Society of Behavioral Medicine, Washington, DC.
63. Fairey, A.S., **Courneya, K.S.**, Bell, G.J., Jones, L.W., Field, C.J., & Mackey, J.R. (2002, April). *The rehabilitation exercise for health after breast cancer (REHAB) trial: Cardiopulmonary outcomes.* Poster presented at the Society of Behavioral Medicine, Washington, DC.
64. Fairey, A.S., **Courneya, K.S.**, Field, C.J., & Mackey, J.R. (2002, April). *Physical exercise and peripheral blood immune cell populations and function in cancer survivors: A comprehensive review.* Poster presented at the Society of Behavioral Medicine, Washington, DC.
65. Rhodes, R.E., & **Courneya, K.S.** (2002, April). *Relationships between personality, an extended theory of planned behavior model, and exercise behavior.* Poster presented at the Society of Behavioral Medicine, Washington, DC.
66. Rhodes, R.E., & **Courneya, K.S.** (2002, April). *Does personality moderate the theory of planned behavior in the exercise domain?* Poster presented at the Society of Behavioral Medicine, Washington, DC.
67. Jones, L.W., Sinclair, R.C., Rhodes, R.E., & **Courneya, K.S.** (2001, December). *Promoting exercise behavior: An integration of persuasion theories and the theory of planned behavior.* Poster presented at 'Whistler 2001' Communicating Physical Activity & Health Messages – Science Into Practice, Whistler, British Columbia.
68. Jones, L.W., **Courneya, K.S.**, Mackey, J.R., Pituskin, E., Fairey, A.S., & St. Martin, B. (2001, November). *Oncologist recommendation for exercise during cancer treatment consultations: Rationale, design, and methods.* Poster presented at the Alberta Cancer Board Annual Research Meeting, Banff, Alberta.
69. Daub, B., Blanchard, C., **Courneya, K.S.**, & Rodgers, W. (2001, October). *Determinants of exercise intention and behavior following phase II cardiac rehabilitation: An application of the theory of planned behavior.* Paper presented at the Canadian Association for Cardiac Rehabilitation, Halifax, NS.
70. **Courneya, K.S.**, Friedenreich, C.M., Quinney, H.A., & Fields, A.L.A. (2001, June). *Baseline relationships between exercise and quality of life in colorectal cancer patients participating in a*

randomized exercise trial. Poster submitted to the North American Society for the Psychology of Sport and Physical Activity, St. Louis, MO.

71. Fairey, A.S., **Courneya, K.S.**, Field, C.J., & Mackey, J.R. (2001, June). *Physical exercise and peripheral blood immune cell populations and function in cancer patients and survivors: A comprehensive review*. Poster presented at the Immunology Network Retreat, Camp Nakamun, Alberta, Canada.
72. Friedenreich, C.M., **Courneya, K.S.**, & Bryant, H.E. (2001, June). *Case-control study of anthropometric risk factors and breast cancer*. Poster presented at the Congress of Epidemiology, Toronto, ON.
73. Rhodes, R.E., Jones, L.W., & **Courneya, K.S.** (2001, June). *Extending the theory of planned behavior in the exercise domain: A comparison of social support and subjective norm*. Poster presented at the American College of Sports Medicine, Baltimore, MD.
74. Blanchard, C.M., **Courneya, K.S.**, Rodgers, W.M., & Murnaghan, D.M. (2001, March). *Determinants of exercise intention and behavior in breast and prostate cancer survivors: An application of the theory of planned behavior*. Poster presented at the Society of Behavioral Medicine, Seattle, WA.
75. Blanchard, C.M., Rodgers, W.R., & **Courneya, K.S.** (2001, March). *Utilizing the theory of planned behavior to predict exercise compliance to phase II cardiac rehabilitation*. Poster presented at the Society of Behavioral Medicine, Seattle, WA.
76. **Courneya, K.S.**, Blanchard, C.M., & Laing, D.M. (2001, March). *Predicting adherence to a 12-week exercise training program in breast cancer survivors*. Poster presented at the Society of Behavioral Medicine, Seattle, WA.
77. **Courneya, K.S.**, Friedenreich, C.M., Quinney, H.A., Sela, R.A., Jones, L.W., Rhodes, R.E., & Handman, M.D. (2001, March). *Baseline characteristics of group therapy cancer patients involved in a randomized clinical trial of exercise*. Poster presented at the Society of Behavioral Medicine, Seattle, WA.
78. **Courneya, K.S.**, Friedenreich, C.M., Quinney, H.A., Sela, R.A., Rhodes, R.E., Jones, L.W., & Handman, M.D. (2001, March). *Baseline relationships between exercise and quality of life in group therapy cancer patients participating in an exercise trial*. Poster presented at the Society of Behavioral Medicine, Seattle, WA.
79. Jones, L.W. & **Courneya, K.S.** (2001, March). *Cancer patients' attitudes towards physical exercise counseling during cancer consultations*. Poster presented at the Society of Behavioral Medicine, Seattle, WA.
80. Jones, L.W. & **Courneya, K.S.** (2001, March). *Exercise preferences of patients diagnosed with cancer*. Poster presented at the Society of Behavioral Medicine, Seattle, WA.
81. Rhodes, R.E., **Courneya, K.S.**, & Bobick, T. (2001, March). *Personality and exercise participation across the breast cancer experience*. Poster presented at the Society of Behavioral Medicine, Seattle, WA.
82. Spence, J.C., **Courneya, K.S.**, Blanchard, C., Wilson, P., & Becker, B.J. (2001, March). *The theory of planned behavior and physical activity: A meta-analysis*. Paper presented at the Society of Behavioral Medicine, Seattle, WA.
83. Plotnikoff, R., **Courneya, K.S.**, Hotz, S., & Birkett, N. (2000, November). *Exercise and the transtheoretical model: A longitudinal test of a population sample*. Paper presented at the International Congress of Behavioural Medicine, Brisbane, Australia.
84. Spence, J.C., **Courneya, K.S.**, Blanchard, C., & Wilson, P. (2000, November). *The theory of planned behavior and physical activity: A quantitative review of explained variation in intention and behavior*. Poster presented at the International Congress of Behavioural Medicine, Brisbane, Australia.

85. Blanchard, C.M., **Courneya, K.S.**, & Laing, D. (2000, October). *The influence of acute exercise on state anxiety in breast cancer survivors*. Poster presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, ON.
86. Jones, L.W., **Courneya, K.S.**, & Sinclair, R. (2000, October). *Examining the influence of source credibility and message framing on promoting physical exercise in university students*. Poster presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, ON.
87. Rhodes, R.E., & **Courneya, K.S.** (2000, October). *Investigating gender differences in the theory of planned behavior*. Poster presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, ON.
88. Friedenreich, C.M., Bryant, H.E., & **Courneya, K.S.** (2000, June). *Case-control study of lifetime physical activity and breast cancer risk*. Poster presented at the Society for Epidemiologic Research, Seattle, WA.
89. **Courneya, K.S.**, Plotnikoff, R.C., Hotz, S.B., & Birkett, N.J. (2000, June). *Social influence and exercise: A comparison of social support and subjective norm*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
90. Gesell, J.G., Rodgers, W.M., **Courneya, K.S.**, Wilson, P.M., & Fraser, S.N. (2000, June). *Prediction and assessment of work-site physical activity: Consideration of the theory of planned behavior and self-report*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
91. Plotnikoff, R., Rhodes, R., **Courneya, K.S.**, Hotz, S., & Birkett, N. (2000, June). *Physical activity in a Canadian population-based sample: A three-wave, two group structural equation model of protection motivation theory*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
92. Rhodes, R.E., **Courneya, K.S.**, & Jones, L.W. (2000, June). *Relationships between extraversion, the theory of planned behavior, and exercise: The unique role of extraversion's activity facet*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
93. Blanchard, C., Rodgers, W., **Courneya, K.S.**, Daub, B., & Knapik, G. (2000, April). *The influence of coping efficacy and outcome expectations on the exercise patterns of males and females in Phase II cardiac rehabilitation*. Poster presented at the Society of Behavioral Medicine, Nashville, TN.
94. Bobick, T.M., & **Courneya, K.S.** (2000, April). *The transtheoretical model and exercise in breast cancer survivors*. Poster presented at the Society of Behavioral Medicine, Nashville, TN.
95. **Courneya, K.S.**, Keats, M.R., & Turner, A.R. (2000, April). *Understanding exercise motivation following bone marrow transplantation*. Poster presented at the Society of Behavioral Medicine, Nashville, TN.
96. **Courneya, K.S.**, Plotnikoff, R.C., Hotz, S.B., & Birkett, N.J. (2000, April). *Predicting exercise stage transitions over two distinct seasonal changes*. Poster presented at the Society of Behavioral Medicine, Nashville, TN.
97. Lee, R.E., Nigg, C.R., DiClemente, C.C., **Courneya, K.S.** (2000, April). *Validating the stages of change for exercise behavior with adolescents*. Poster presented at the Society of Behavioral Medicine, Nashville, TN.
98. Rhodes, R.E., & **Courneya, K.S.** (2000, April). *The relationship between exercise behavior, intention, self-efficacy, and the personality dimensions of extraversion and neuroticism*. Poster presented at the Society of Behavioral Medicine, Nashville, TN.
99. **Courneya, K.S.**, Keats, M.R., Turner, A.R. (2000, April). *Physical exercise correlates with psychosocial functioning in bone marrow transplantation patients*. Poster presented at "Psychosocial Oncology 2000 and Beyond - Future Directions" co-sponsored by the Association of Oncology Social Work, the Canadian Association of Psychosocial Oncology, and the American

Society for Psychosocial and Behavioral Oncology/AIDS, Vancouver, BC.

100. Friedenreich, C.M., Bryant, H.E., & **Courneya, K.S.** (1999, November). *Case-control study of physical activity and breast cancer risk*. Paper presented at the Alberta Cancer Board Annual Research Meeting, Edmonton, AB, Canada.
101. **Courneya, K.S.**, Rhodes, R.E., & Jones, L.W. (1999, October). *The relative utility of social support and subjective norm for predicting exercise intention and behavior*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Edmonton, AB.
102. Plotnikoff, R., **Courneya, K.S.**, Hotz, S., Birkett, N., & Rhodes, R. (1999, October). *The Transtheoretical Model (TTM) and exercise behaviour change: What's the outcome?* Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Edmonton, AB.
103. Rhodes, R.E., & **Courneya, K.S.** (1999, October). *Exercise motives and persuasion for attitude change: The role of self-monitoring*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Edmonton, AB.
104. Friedenreich, C.M., Bryant, H.E., & **Courneya, K.S.** (1999, June). Case-control study of physical activity and breast cancer risk. Paper presented at the Canadian Breast Cancer Research Initiative "Reasons for Hope" Conference, Toronto, ON.
105. **Courneya, K.S.**, & Bobick, T.M. (1999, June). *Does a termination stage exist for exercise behavior change?* Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Clearwater, FL.
106. **Courneya, K.S.**, & Bobick, T.M. (1999, June). *Understanding the how and why of exercise stage change: An integrated model combining the processes of change and the theory of planned behavior*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Clearwater, FL.
107. **Courneya, K.S.**, Bobick, T.M., & Schinke, R.J. (1999, June). *Relationships among personality, the theory of planned behavior, and exercise behavior*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Clearwater, FL.
108. **Courneya, K.S.**, Bobick, T.M., Rhodes, R.E., Jones, L.W., Friedenreich, C.M., & Arthur, K. (1999, May). *Personality and subjective well-being in colorectal cancer patients*. Poster presented at the Canadian Association of Psychosocial Oncology, Edmonton, AB.
109. Keats, M., **Courneya, K.S.**, & Danielsen, S. (1999, May). *Exercise and depression in adolescent cancer survivors*. Poster presented at the Canadian Association of Psychosocial Oncology, Edmonton, AB.
110. **Courneya, K.S.**, Friedenreich, C.M., Arthur, K., & Bobick, T.M. (1999, March). *Determinants of exercise in postsurgical colorectal cancer patients*. Poster presented at the Society of Behavioral Medicine, San Diego, CA.
111. **Courneya, K.S.**, Friedenreich, C.M., Arthur, K., & Bobick, T.M. (1999, March). *Exercise and quality of life following colorectal cancer surgery*. Poster presented at the Society of Behavioral Medicine, San Diego, CA.
112. **Courneya, K.S.**, & Hellsten, L.M. (1999, March). *Cancer prevention as a motive for exercise participation*. Poster presented at the Society of Behavioral Medicine, San Diego, CA.
113. Keats, M., **Courneya, K.S.**, Danielsen, S., & Whitsett, S. (1999, March). *Exercise and psychosocial well-being in adolescent cancer survivors*. Poster presented at the Society of Behavioral Medicine, San Diego, CA.
114. Nigg, C.R., & **Courneya, K.S.** (1999, March). *Validating the stages of exercise behavior for adolescents*. Poster presented at the Society of Behavioral Medicine, San Diego, CA.
115. Blanchard, C.M., Rodgers, W.M., & **Courneya, K.S.** (1998, October). *Positive and negative exercise induced affect: Sensitivity of the SEES and EFI*. Paper presented at the Canadian Society

- for Psychomotor Learning and Sport Psychology, Fredericton, NB.
116. **Courneya, K.S.**, & Friedenreich, C.M. (1998, March). *A framework for examining physical exercise and cancer*. Poster presented at the Society of Behavioral Medicine, New Orleans, LA.
 117. **Courneya, K.S.**, & Friedenreich, C.M. (1998, March). *Determinants of exercise during breast cancer treatment*. Poster presented at the Society of Behavioral Medicine, New Orleans, LA.
 118. **Courneya, K.S.**, & Hellsten, L.M. (1998, March). *Understanding exercise motives, barriers, and preferences using the "Big Five" personality model*. Poster presented at the Society of Behavioral Medicine, New Orleans, LA.
 119. **Courneya, K.S.**, & Friedenreich, C.M. (1997, October). *Physical exercise patterns and quality of life outcomes in cancer survivors*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Niagara Falls, ON.
 120. **Courneya, K.S.**, & Friedenreich, C.M. (1997, October). *Social cognitive correlates of physical exercise during cancer treatment*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Niagara Falls, ON.
 121. Estabrooks, P.A., **Courneya, K.S.**, & Nigg, C.R. (1997, June). *Does fitness testing and relapse prevention training increase attendance at a private fitness club*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.
 122. Baldwin, M.K., & **Courneya, K.S.** (1997, April). *Exercise and self-esteem in breast cancer survivors*. Poster presented at the Society of Behavioral Medicine, San Francisco, CA.
 123. **Courneya, K.S.**, Estabrooks, P.A., & Nigg, C.R. (1997, April). *A reinforcement strategy for fitness facility attendance*. Poster presented at the Society of Behavioral Medicine, San Francisco, CA.
 124. **Courneya, K.S.**, Nigg, C.R., & Estabrooks, P.A. (1997, April). *Predicting changes in exercise stage over a three year period*. Poster presented at the Society of Behavioral Medicine, San Francisco, CA.
 125. **Courneya, K.S.** & Friedenreich, C.M. (1996, November). *Exercise during cancer treatment and quality of life in breast cancer survivors*. Poster presented at the Alberta Cancer Board Annual Research Meeting, Calgary, AB, Canada.
 126. Friedenreich, C.M., Bryant, H.E., & **Courneya, K.S.** (1996, November). *Reliability of the Total Lifetime Physical Activity Questionnaire*. Poster presented at the Alberta Cancer Board Annual Research Meeting, Calgary, AB, Canada.
 127. Friedenreich, C.M., Bryant, H.E., & **Courneya, K.S.** (1996, October). *Case-control study of physical activity and breast cancer risk*. Poster presented at the Third Annual Gender Issues Symposium, Research in Women's Health: Heading Towards the 21st Century, Calgary, AB, Canada.
 128. Estabrooks, P.A., & **Courneya, K.S.** (1996, June). *Exercise behavior and exercise intention: An application of the self schema theory*. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Minnet, Ontario, Canada.
 129. Nigg, C.R., & **Courneya, K.S.** (1996, June). *Application of the transtheoretical model to adolescent exercise behavior*. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Minnet, Ontario, Canada.
 130. Nigg, C.R., **Courneya, K.S.**, & Estabrooks, P.A. (June, 1996). *Differential self monitoring and self-reported fitness club attendance*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Minnet, Ontario, Canada.
 131. **Courneya, K.S.** (1995, October). *Perceived severity and exercise motivation: Application of the Stages of Change Model*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Vancouver, BC.
 132. **Courneya, K.S.**, & McAuley, E. (1995, October). *Planned behavior constructs mediate the relationship between social influence and exercise adherence*. Paper presented at the Canadian

Society for Psychomotor Learning and Sport Psychology, Vancouver, BC.

133. Estabrooks, P.A., **Courneya, K.S.**, & Nigg, C.R. (1995, October). *Is stimulus control on its own sufficient for increasing attendance at a fitness facility?* Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Vancouver, BC.
134. Nigg, C.R., **Courneya, K.S.**, & Estabrooks, P.A. (1995, October). *Application of the decision balance sheet intervention to exercise.* Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Vancouver, BC.
135. **Courneya, K.S.**, & McAuley, E. (1995, June). *Attributions following structured exercise: A test of Weiner's model.* Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Monterey, CA.
136. **Courneya, K.S.**, & McAuley, E. (1995, June). *Reliability and discriminant validity of three measures of social influence.* Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Monterey, CA.
137. **Courneya, K.S.** (1994, June). *Integrating the stages of change model with the theory of planned behavior.* Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Clearwater, FL.
138. **Courneya, K.S.**, & McAuley, E. (1994, June). *Predicting frequency, intensity, and duration of physical activity.* Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Clearwater, FL.
139. McAuley, E., Rudolph, D., Lox, C., & **Courneya, K.S.** (1994, June). *Acute and chronic exercise effects on self-efficacy in older males and females.* Poster presented at the American College of Sports Medicine, Indianapolis, IN.
140. **Courneya, K.S.** (1993, June). *Effect of scale correspondence on the intention-physical activity relationship.* Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Brainerd, MN.
141. **Courneya, K.S.**, & McAuley, E. (1993, June). *Comparison of short and long range intentions in the prediction of physical activity participation.* Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Brainerd, MN.
142. McAuley, E., Rudolph, D., Lox, C., & **Courneya, K.S.** (1993, June). *Exercise, affect, and appraisals in older adults.* Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Brainerd, MN.
143. McAuley, E., **Courneya, K.S.**, Rudolph, D., & Lox, C. (1993, March). *Improving exercise adherence by manipulating self-efficacy.* Paper presented at the Society of Behavioral Medicine, San Francisco, CA.
144. **Courneya, K.S.**, & McAuley, E. (1992, October). *Factors affecting the intention-physical activity relationship: Intention versus expectation.* Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Saskatoon, Sask [Young Scientist Award Presentation].
145. **Courneya, K.S.**, & McAuley, E. (1992, October). *Scale correspondence in the physical activity domain.* Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Saskatoon, Sask.
146. **Courneya, K.S.**, & McAuley, E. (1992, October). *Self-efficacy as a moderator of the intention-physical activity relationship.* Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Saskatoon, Sask.
147. Hobbs, M., Carron, A.V., & **Courneya, K.S.** (1992, October). *Game location and competitor's psychological states.* Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Saskatoon, Sask.
148. McAuley, E., **Courneya, K.S.**, Cramer, B.J., Lox, C., & Rudolph, D. (1992, October). *Changes in*

- affective responsivity following aerobic dance*. Paper presented at the Association for the Advancement of Applied Sport Psychology, Colorado Springs, CO.
149. Boutcher, S.H., McAuley, E., & **Courneya, K.S.** (1992, June). *Positive and negative affective response of trained and untrained subjects during and after exercise*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Pittsburgh, PA.
150. **Courneya, K.S.**, & McAuley, E. (1992, June). *Comparison of absolute versus relative value of physical activity in the prediction of intention and behavior*. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Pittsburgh, PA.
151. **Courneya, K.S.**, & McAuley, E. (1992, May). *Predicting physical activity from intention: Conceptual and methodological issues*. Poster presented at the International Conference on Physical Activity, Fitness, and Health, Toronto, Ont.
152. McAuley, E., & **Courneya, K.S.** (1992, May). *Exercise-induced affect: Influence of age, efficacy, and appraisal processes*. Poster presented at the International Conference on Physical Activity, Fitness, and Health, Toronto, Ont.
153. McAuley, E., & **Courneya, K.S.** (1992, March). *The exercise-induced affect scale (EIAS): Development and preliminary validation*. Poster presented at the Society of Behavioral Medicine, New York, NY. [Citation Abstract].
154. **Courneya, K.S.** (1991, November). *Aggression and the home advantage*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, London, ON.
155. **Courneya, K.S.**, & McAuley, E. (1991, November). *Development of a brief measure of exercise-induced affect*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, London, ON.
156. McAuley, E., **Courneya, K.S.**, & Boutcher, S.H. (1991, October). *Cognitive appraisal and the generation of affect following treadmill testing*. Poster presented at the Association for the Advancement of Applied Sport Psychology, Savannah, GA.
157. Boutcher, S.H., McAuley, E., & **Courneya, K.S.** (1991, June). *The influence of training status on affective response to submaximal treadmill exercise*. Poster presented at the North American Society for Psychology of Sport and Physical Activity, Monterey, CA.
158. McAuley, E., & **Courneya, K.S.** (1991, June). *Affect and appraisal following graded exercise testing*. Poster presented at the North American Society for Psychology of Sport and Physical Activity, Monterey, CA.
159. McAuley, E., & **Courneya, K.S.** (1991, March). *Physiological and perceptual responses to exercise in middle-aged adults*. Poster presented at The Society of Behavioral Medicine, Washington, DC.
160. **Courneya, K.S.**, & Carron, A.V. (1991, February). *Importance of travel to the home advantage*. Paper presented at the Midwest Sport and Exercise Psychology Symposium, Urbana, IL.
161. **Courneya, K.S.**, & Chelladurai, P. (1990, October). *A model of performance measures in baseball*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Windsor, ON.
162. McAuley, E., & **Courneya, K.S.** (1990, September). *Efficacy, metabolic, and affective perceptions during exercise*. Paper presented at the Association for the Advancement of Applied Sport Psychology, San Antonio, TX.
163. **Courneya, K.S.**, & Carron, A.V. (1989, October). *Effects of batting first/last in slow-pitch baseball: Implications for the home advantage*. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Victoria, B.C.

RESEARCH GRANTS**(a) Pending Grants**

1. Friedenreich, C.M. (PI), Cook, L.S., Magliocco, A.M., **Courneya, K.S.**, Duggan, M.A., Faight, W., & Doll, C. (2004). *Cohort study of physical activity in endometrial cancer survivors: quality of life, recurrence, and mortality endpoints*. Submitted to the National Cancer Institute of Canada - Canadian Cancer Society Research Grant, 5 years (\$527,537).

(b) Externally Funded Grants

1. **Courneya, K.S. (PI)**, Friedenreich, C.M., Segal, R., McKenzie, D.C., (Co-PIs), Mackey, J.R., Blanchard, C.M., & Culos-Reed, S.N. (2005). *Physical exercise across the cancer experience*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network) - Research Team Grant, 2 years (\$176,000).
2. **Courneya, K.S. (PI)**, Reiman, T., Jones, L.W., Friedenreich, C.M., & Fahey, A.S. (2005). *Randomized controlled trial of exercise in lymphoma survivors*. Funded by the Lance Armstrong Foundation—Issues in Cancer Survivorship Program, 3 years (\$239,190US).
3. Ingram, C. (PI), Wessel, J., & **Courneya, K.S.** (2005). *A pilot study of exercise and body weight and composition maintenance in premenopausal breast cancer survivors*. Funded by the Canadian Breast Cancer Research Alliance—Developmental and Exploratory Grant, 1 year (\$50,000).
4. Plotnikoff, R.C. (PI), Jung, M., Sigal, R., & **Courneya, K.S.** (2005). *Social cognitive predictors of resistance training in adults with type 2 diabetes*. Funded by the Canadian Diabetes Association – Operating Grant, 2 years (\$100,000).
5. **Courneya, K.S.** (2004). *Canada research chair in physical activity and cancer*. Funded by the Government of Canada – Canada Research Chairs Program, 7 years (\$1,400,000).
6. **Courneya, K.S.** (2004). *Physical activity and cancer laboratory*. Funded by the Canadian Foundation for Innovation, 1 year (\$1,081,625; CFI portion=\$432,650).
7. **Courneya, K.S. (PI)**, Westerlind, K.C., Harber, V.J., Friedenreich, C.M., & Campbell, K.L. (2004). *Is estrogen metabolism a mechanism for reduced breast cancer risk through physical activity? A randomized controlled trial of aerobic activity in premenopausal women*. Funded by the Alberta Cancer Board—Pilot Project Grant, 1 year (\$33,417).
8. Friedenreich, C.M. (PI), McGregor, S.E., **Courneya, K.S.**, Kopciuk, K., Angyalfi, S.J., & Elliot, F.G. (2004). *Cohort study of physical activity and prostate cancer survival: Continuation of follow-up*. Funded by the Canadian Institutes of Health Research—Operating Research Grant (\$283,453) and the Alberta Cancer Board—Research Initiative Program (\$40,244), 3 years (\$323,697).
9. Mackey, J.R., Jones, L.W. (Co-PIs), Eves, N.E., **Courneya, K.S.**, Haykowsky, M., Hanson, J. (2004). *A pilot study to determine the feasibility and prognostic value of graded exercise testing in metastatic breast cancer patients*. Funded by the Canadian Breast Cancer Research Alliance - Developmental and Exploratory Grants, 1 year (\$45,008).
10. Plotnikoff, R.C. (PI), Birkett, N.J., **Courneya, K.S.**, Johnson, J.A., Raine, K.D., Sigal, R.J., & Lau, D.C. (2004). *The development and evaluation of physical activity (and nutrition) behavioural strategies for adults with Type 2 diabetes: A population-based approach*. Funded by Canadian Institutes of Health Research—Operating Research Grant , 3 years (\$498,925).
11. Reiman, A., Jones, L.W. (Co-PIs), Winton, T., Eves, N.D., Haykowsky, M., & **Courneya, K.S.** (2004). *Determining the feasibility of pre-operative exercise training for patients undergoing surgery for non-small cell lung cancer*. Funded by the Alberta Cancer Board—Pilot Project Grant, 1 year (\$33,956).

12. Rhodes, R.E. (PI), Blanchard, C.M., **Courneya, K.S.**, & Plotnikoff, R.C. (2004). *Development of a theory-based leisure-time walking program*. Funded by the Social Sciences and Humanities Research Council—Operating Grant, 2 years (\$95,000).
13. Whitsett, S.F. (PI), Friedman, D.L., Pihoker, C., **Courneya, K.S.**, & McTiernan, A. (2004). *Exercise and fitness in childhood cancer survivors*. Funded by the National Institutes of Health (U.S.A.) - National Cancer Institute, 2 years (\$200,000US).
14. Blanchard, C.M., Fisher, J. (Co-PIs), **Courneya, K.S.**, Sparling, P., Rhodes, R.E., & Baker, F. (2003). *Does the theory of planned behavior moderate the relationship between ethnicity and moderately intense physical activity in college-aged students?* Funded by the National Institutes of Health, Research Center for Minority Institutions, Subgrant, 3 years (\$80,303 US).
15. Jones, L.W. (PI), Mackey, J.R., **Courneya, K.S.**, Chiu, B.K., Burelle, Y., Baracos, V.E. & Hanson, J. (2003). *Examining the effects of exercise training on tumor response to anthracycline-based chemotherapy*. Funded by the United States Department of Defense Breast Cancer Research Program, Office of the Congressionally Directed Medical Research Programs—Concept Award, 1 year (\$113,687 U.S.).
16. Plotnikoff, R.C. (PI), Birkett, N., **Courneya, K.S.**, Raine, K., Sigal, R., Svenson, L., & Johnson, J. (2003). *An examination of physical activity behaviour and its determinants, and health care status and health care delivery: A three-time point, eighteen-month, population-based prospective cohort study of adults with diabetes*. Funded by the Canadian Diabetes Association – Operating Grant, 2 years (\$98,865).
17. **Courneya, K.S.** (2002). *EXTRA trial: Two-armed, randomized controlled study of darbepoetin alfa (Novel Erythropoiesis Stimulating Protein, NESP) and exercise for the treatment of anemia in subjects with non-myeloid malignancies*. Funded by the Alberta Cancer Board—Research Equipment Competition, 1 year (\$10,000).
18. **Courneya, K.S. (PI)**, Friedenreich, C.M., Segal, R., McKenzie, D.C., Quinney, H.A., (Co-PIs), Fields, A.L.A., Mackey, J.R., Parliament, M.B., Sela, R.A., Turner, A.R., Blanchard, C.M., Culos-Reed, S.N., & Jones, L.W. (2002). *Physical exercise across the cancer experience*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network) - Research Team Grant, 3 years (\$264,000).
19. **Courneya, K.S. (PI)**, Segal, R., McKenzie, D.C., Mackey, J.R., Friedenreich, C.M., Reid, R., & Gelmon, K. (2002). *Comparison of aerobic versus resistance exercise training in enhancing quality of life in early stage breast cancer patients receiving chemotherapy: A multicenter randomized trial*. Funded by the Canadian Breast Cancer Research Initiative— Research Grant, 3 years (\$516,693).
20. Friedenreich, C.M. (PI), Cook, L.S., **Courneya, K.S.**, Magliocco, A.M., Duggan, M.A., Honore, L.H., & Yu, H. (2002). *Biologic determinants of the association between physical activity and endometrial cancer risk: The role of insulin-like growth factors*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant, 3 years (\$527,537).
21. Friedenreich, C.M., **Courneya, K.S. (Co-PIs)**, McTiernan, A., Ballard-Barbash, R., Irwin, M.L., Yaffe, M., Boyd, N.F., Terry, T., Brant, R.F., Jones, C.J., & Cameron, B. (2002). *ALPHA trial: Alberta physical activity and breast cancer prevention trial*. Funded by the Canadian Breast Cancer Research Initiative - Research Grant, 3 years (\$1,133,036).
22. Mackey, J.R., **Courneya, K.S. (Co-PIs)**, Pituskin, E., Hanson, J., & Fairey, A.S. (2002). *A two-armed, randomized controlled study of darbepoetin alfa (Novel Erythropoiesis Stimulating Protein, NESP) and exercise for the treatment of anemia in subjects with non-myeloid malignancies*. Funded by Amgen Canada, Inc. - Clinical Grant Application, 2 years (\$202,500).
23. Mackey, J.R. (PI), Fairey, A.S., **Courneya, K.S.**, McEwan, A., Jones, L.W., Pituskin, E., & Fenske, T. (2002). *Detection of trastuzumab-induced cardiotoxicity in breast cancer patients: A pilot study*

- of exercise nuclear multigated (MUGA) cardiac blood pool scans. Funded by Roche Canada, Inc. - Clinical Grant Application, 2 years (\$139,000).
24. Rodgers, W.M. (PI), Bell, G.J., **Courneya, K.S.**, & Harber, V.J. (2002). *Health and psychological outcomes of lifestyle versus traditional physical activity*. Funded by the Canadian Institutes of Health Research - Operating Grant, 3 years (\$242,127).
 25. Segal, R. (PI), **Courneya, K.S.**, Reid, R., Sigal, R., Kenny, G., Prud'Homme, D., Malone, S., Wells, G. (2002). *Exercise in men receiving radiation therapy for prostate cancer: Effects on fatigue, body composition, muscular fitness, cardiorespiratory fitness, and quality of life*. Funded by the National Cancer Institute of Canada – Canadian Cancer Society Research Grant (Prostate Cancer Research Initiative), 3 years (\$394,073).
 26. Spence, J.S. (PI), **Courneya, K.S.**, & Wild, T.C. (2002). *A randomized trial of physical activity advice provided by general practitioners using negative and positive health messages*. Funded by the Alberta Heritage Foundation for Medical Research – Health Research Fund, 2 years (\$71,000).
 27. Wheeler, G. (PI), & **Courneya, K.S.** (2002). *Beliefs, attitudes, and exercise behavior in persons with spinal cord injury during early rehabilitation and one year discharge*. Funded by the Alberta Paraplegic Foundation – Research Grant, 1 year (\$10,000).
 28. Cohen, S.R. (PI), Neron, S., **Courneya, K.S.**, Brown, K.S., Dumont, S., et al. (2001). *Quality of life for palliative care patients and their family caregivers: A program of research*. Funded by the Canadian Institutes of Health Research - Operating Grant, 1 year (\$48,239).
 29. Friedenreich, C.M. (PI), Cook, L.S., **Courneya, K.S.**, Magliocco, A.M., Honore, L.H., & Duggan, M.A. (2001). *Case-control study of physical activity and endometrial cancer risk*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant, 3 years (\$416,619).
 30. Friedenreich, C.M. (PI), **Courneya, K.S.**, Irwin, M., & Matthews, C. (2001). *Validation of a self-administered version of the Past Year Total Physical Activity Questionnaire*. Funded by the U.S. National Cancer Institute and the Alberta Cancer Board, 2 years (\$125,000).
 31. McNeely, M., Parliament, M. (Co-PIs), Jha, N., **Courneya, K.S.**, & Seikaly, H. (2001). *Randomized phase II study to evaluate progressive resistance exercise training to prevent and/or alleviate shoulder dysfunction due to spinal accessory neurapraxia/neurectomy in head and neck cancer*. Funded by the Physiotherapy Foundation of Canada - Alberta Research Award, 1 year (\$5,000).
 32. Plotnikoff, R.C. (PI), Birkett, N., **Courneya, K.S.**, Marcus, B., & Spence, J. (2001). *A randomized controlled trial of worksite physical activity interventions*. Funded by the Canadian Institutes of Health Research - Operating Grant, 3 years (\$200,909).
 33. Plotnikoff, R.C. (PI), Birkett, N., **Courneya, K.S.**, Raine, K., & Sigal, R. (2001). *Exercise behavior of community adults with Type 1 and Type 2 diabetes: The determinants of exercise behavior change*. Funded by the Canadian Diabetes Association – Operating Grant, 2 years (\$69,958).
 34. Plotnikoff, R.C. (PI), Birkett, N., **Courneya, K.S.**, Raine, K., Sigal, R., & Svenson, L. (2001). *Exercise behavior of community adults with Type 1 and Type 2 diabetes: A prospective examination of exercise determinants in a large population-based sample*. Funded by the Alberta Heritage Foundation for Medical Research – Operating Grant, 2 years (\$93,000).
 35. Rodgers, W.M. (PI), & **Courneya, K.S.** (2001). *A proactive coping approach to exercising for life*. Funded by the Canadian Institutes of Health Research – Operating Grant, 3 years (\$113,834).
 36. Cohen, R. (PI), Chochinov, H., Deschamps, M. (Co-PIs), **Courneya, K.S.**, et al. (2000). *Improving quality of life and informing social policy in palliative care*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network) - Research Team Grant, 3 years (\$180,000).
 37. **Courneya, K.S.** (2000). *Physical exercise in cancer prevention and control*. Funded by the Medical Research Council of Canada - Scientist Salary Support Program, 5 years (\$385,000).

38. **Courneya, K.S. (PI)**, Friedenreich, C.M., Quinney, H.A., Segal, R., (Co-PIs), Fields, A.L.A., Mackey, J.R., Parliament, M.B., Sela, R.A., & Turner, A.R. (2000). *Physical exercise across the cancer experience*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Sociobehavioral Cancer Research Network)- Research Team Grant, 3 years (\$180,000).
39. Friedenreich, C.M. (PI), **Courneya, K.S.**, McGregor, S.E., Hatcher, J., Angyalfi, S.J., & Elliot, F.G. (2000). *Cohort study of physical activity and prostate cancer survival*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Prostate Cancer Research Initiative), 3 years (\$352,310).
40. **Courneya, K.S. (PI)**, Friedenreich, C.M., Quinney, H.A., Handman, M., & Sela, R. (1999). *Effects of exercise on physical fitness and quality of life in cancer patients seeking group therapy*. Funded by the Canadian Institutes of Health Research (declined) and the National Institutes of Health (U.S.A.) - National Cancer Institute, 3 years (\$123,210 US).
41. Segal, R., **Courneya, K.S. (Co-PIs)**, Evans, B., Wells, G., Reid, R., Jette, M., Colletta, S., Quinney, H.A., Venner, P., & Parliament, M.B. (1999). Randomized trial of progressive resistance exercise training in men with prostate cancer. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (Prostate Cancer Research Initiative), 3 years (\$302,150).
42. Friedenreich, C.M. (PI), **Courneya, K.S.**, Bryant, H.E., Hatcher, J., & Mackey, J.R. (1999). *Cohort study of physical activity and breast cancer survival*. Funded by the Alberta Cancer Board - Research Initiative Program, 3 years (\$210,000).
43. **Courneya, K.S.** (1998). *Oncology Fitness Center and Laboratory Equipment*. Funded by the Alberta Heritage Foundation for Medical Research - Major Equipment Grant (\$60,000).
44. **Courneya, K.S. (PI)**, Friedenreich, C.M., Quinney, H.A., Fields, A.L.A., & Brasher, P.M. (1998). *Effects of exercise on physical fitness and quality of life in colorectal cancer patients*. Funded by the National Cancer Institute of Canada - Canadian Cancer Society Research Grant (\$97,462) and the Alberta Heritage Foundation for Medical Research - Health Research Fund (\$88,000), 3 years (\$185,462).
45. Segal, R., **Courneya, K.S. (Co-PIs)**, Reid, R., Bredeson, C., Bence-Bruckler, I., Jones, G., Corsini, L., Johnson, D., & Smith, J. (1998). *Physical exercise and quality of life in patients undergoing autologous peripheral stem cell transplantation*. Funded by the Sociobehavioral Cancer Research Network - Pilot Project Grant, 1 year (\$11,700).
46. Friedenreich, C.M. (PI), McGregor, S.E., **Courneya, K.S.**, Angyalfi, S.J., & Elliot, F.G. (1997). *Case-control study of physical activity and prostate cancer risk*. Funded by the Canadian Institutes of Health Research (\$229,339) and the Alberta Cancer Board – Research Initiative Program (\$103,740), 3 years (\$333,079).
47. Nigg, B.M. (PI), **Courneya, K.S.**, Zernicke, R.F., & Hanley, D.A. (1997). *Adaptive bone remodeling in young females: A proposal for an intervention project*. Funded by the Johann Jacob Foundation (Switzerland), 3 years (\$165,000 CDN).
48. **Courneya, K.S. (PI)**, Friedenreich, C.M., & Arthur, K. (1996). *A prospective study of exercise and quality of life in postsurgical colorectal cancer patients*. Funded by the Alberta Cancer Board - Pilot Project Program, 1 year (\$18,195).
49. Friedenreich, C.M. (PI), Bryant, H.E., & **Courneya, K.S.** (1995). *Case-control study of physical activity and breast cancer risk - Phase II: Main data collection*. Funded by the Canadian Breast Cancer Research Initiative - Research Grant, 3 years (\$283,312).
50. Friedenreich, C.M. (PI), Bryant, H.E., & **Courneya, K.S.** (1995). *Case-control study of physical activity and breast cancer risk - Phase I: Questionnaire development*. Funded by the Alberta Cancer Board - Research Initiative Program, 1 year (\$50,000).
51. **Courneya, K.S. (PI)**, & McAuley, E. (1993). *Relative importance and independence of selected*

social factors in the prediction of physical activity participation. Funded by the Canadian Fitness and Lifestyle Research Institute, 1 year (\$8,914).

(c) Internally Funded Grants

1. **Courneya, K.S. (PI)** & Karvinen, K.H. (2005). *Exercise in bladder cancer survivors.* Funded by the University of Alberta - EFF Support for the Advancement of Scholarship Grant Program, 1 year (\$5,000).
2. **Courneya, K.S. (PI)**, Peddle, C., & Au, H.J. (2004). *Exercise motivation in colorectal cancer survivors: An application of self-determination theory.* Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$7,000).
3. **Courneya, K.S. (PI)**, Karvinen, K.H., Campbell, K.L., & Tonkin, K. (2003). *A pilot study examining the relationship between physical exercise and quality of life in endometrial cancer survivors.* Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$7,000).
4. **Courneya, K.S. (PI)**, Westerlind, K.C., Harber, V.J., Friedenreich, C.M., & Campbell, K.L. (2003). *Association between aerobic fitness and estrogen metabolism in premenopausal women: Implications for breast cancer risk.* Funded by the University of Alberta - EFF Support for the Advancement of Scholarship Grant Program, 1 year (\$4,975).
5. **Courneya, K.S. (PI)**, Jones, L.W., Reiman, T., Belch, A., & Mant, M. (2003). *A pilot study examining the role of physical exercise in multiple myeloma cancer survivors.* Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$5,132).
6. **Courneya, K.S.** (1999). *Clinical trials in exercise following cancer diagnosis.* Funded by the University of Alberta - EFF Support for the Advancement of Scholarship Grant Program, 1 year (\$4,500).
7. **Courneya, K.S.** (1999). *Social Support, the theory of planned behavior, and exercise.* Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$5,000).
8. **Courneya, K.S.** (1998). *Breast cancer prevention as a motive for exercise participation.* Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$4,360).
9. **Courneya, K.S.** (1998). *Physical exercise and quality of life in cancer patients seeking group therapy.* Funded by the University of Alberta - EFF Support for the Advancement of Scholarship Grant Program, 1 year (\$5,000).
10. **Courneya, K.S.** (1998). *Exercise and quality of life following peripheral blood stem cell transplant.* Funded by the University of Alberta - Social Sciences Research Grant Program, 1 year (\$5,000).
11. **Courneya, K.S. (PI)**, & Friedenreich, C.M. (1995). *Exercise and cancer patients: Determinants and relationship with quality of life.* Funded by the University of Calgary - Pilot Project Program, 1 year (\$6,000).
12. **Courneya, K.S.** (1992). *Relationships between stages of physical activity change and selected social cognitions in adults aged 60 and over.* Funded by the University of Calgary – Start-Up Program, 1 year (\$5,177).
13. **Courneya, K.S.** (1991). *An integrated social cognitive model for the prediction of physical activity participation: Preliminary development and validation.* Funded by the University of Illinois - Graduate College Dissertation Research Grant, 1 year (\$300).

(d) Grant Consultant (add Visovsky)

1. Rogers, L.Q. (PI), Verhulst, S., **Courneya, K.S.**, & McAuley, E. (2005). *Exercise and rural breast*

- cancer survivors*. Funded by the American Cancer Society, Illinois Division, 2 years (\$230,972US).
2. Syrjala, K.L. (PI), Abrams, J.R., Andrykowski, M., Bush, N., Ciechanowski, P., Clark, A.M., **Courneya, K.S.**, Flowers, M., Hegel, M., Langer, S., Martin, P., Stern, J., Stewart, S., Storer, B., & Wingard, J. (2005). *Interventions to promote health and quality of life in hematopoietic stem cell transplant survivors*. Funded by the National Institutes of Health, 5 years (\$3,436,256US).
 3. VonGruenigen, V., et al. (2005). *Diet, exercise, and quality of life in endometrial cancer survivors*. Funded by the Lance Armstrong Foundation, New Investigators in Cancer Survivorship Program, 2 years (\$110,000US).
 4. Reid, R. (PI), Irvine, M.J., McDonald, P., Dafoe, W., Morrin, L., Pipe, A., Cheung, T., Cameron, R., Brown, S., Sharratt, M., & Wells, G. (2001). *Interventions to promote the prevention of cardiovascular disease: Physical activity for the secondary prevention of CAD*. Funded by the Heart and Stroke Foundation of Ontario – Health Behavior Research Initiative, 5 years (\$1,277,921).
 5. Irwin, M.L., et al. (2004). *Exercise intervention in breast cancer survivors*. Funded by the American Cancer Society, 3 years (\$435,334US).

TEACHING AND SUPERVISION SUMMARY***1. Supervision***

	Supervisor	Supervisory Committee	Examining Committee	External Examiner
Postdoctoral Fellows	2	NA	NA	NA
Doctoral Students	11	2	3	3
Masters Students	10	8	NA	1
Total	23	10	3	4

2. Graduate Courses Taught

	Class Size	Times Taught
Exercise Oncology	2 - 9	4
Social Cognitive Theories of Health Behavior	15 - 20	2
Independent Study in Exercise Psychology	1 - 2	8
Health and Exercise Psychology	4 - 10	5

3. Undergraduate Courses Taught

	Class Size	Times Taught
Individual Dimensions of Health Promotion	58 - 60	2
Health and Exercise Psychology	19 - 60	2
Mind Sciences in Kinesiology	173 - 304	2
Measurement and Evaluation	12 - 100	6
Sport Psychology	17 - 120	11

*Most recent instructor evaluations were 4.4 (undergraduate) and 4.7 (graduate) based on a 5 point scale: (1 = poor; 2 = fair; 3 = acceptable; 4 = very good; 5 = excellent).

SUPERVISION DETAILS***Supervisor*****(a) Postdoctoral Fellows**

1. Stevinson, C. (2005-2007).
2. Jones, L.W. (2002-2004). [Current Position: Assistant Professor, Department of Medicine, Duke University, Durham, NC].

(b) Doctoral Students

1. Peddle, C. (2004-present). *TBA*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
2. Sellar, C. (2004-present). *TBA*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
3. Karvinen, K.H. (2003-present). *Exercise outcomes, prevalence, and determinants in a population-based sample of bladder cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
4. Keats, M.R. (2003-present). *Promoting physical activity in childhood cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Kinesiology, University of Calgary, Calgary, AB, Canada [co-supervisor with Dr. S. Nicole Culos-Reed].
5. McNeely, M.L. (2003-present). *Effects of resistance training on physical function and quality of life in head and neck cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
6. Milne, H.M. (2003-present). *Understanding exercise behavior in breast cancer survivors: An application of self-determination theory*. Unpublished Doctoral Dissertation, School of Human Movement and Exercise Science, Faculty of Life and Physical Sciences, University of Western Australia, Crawley, WA, Australia [co-supervisor with Dr. Robert C. Eklund].
7. Fairey, A.S. (2002-present). *TBA*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
8. Vallance, J.K.H. (2002-present). *Physical activity promotion in breast cancer survivors: A population-based randomized controlled trial*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
9. Campbell, K.L. (2002-present). *A randomized controlled trial on the effects of exercise on estrogen metabolites in premenopausal women*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
10. Jones, L.W. (1998-2002). *Examining the role of the oncologist in promoting exercise in cancer survivors*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada. [Current Position: Assistant Professor, Department of Medicine, Duke University, Durham, NC].
11. Rhodes, R.E. (1998-2001). *Investigating an extended theory of planned behavior model in the exercise domain: Relationships with personality and demographic characteristics*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada. [Current Position: Associate Professor, School of Physical Education, University of Victoria, Victoria, BC].

(c) Master's Students

1. Peddle, C. (2002-2005). *Exercise motivation in colorectal cancer survivors: An application of self-determination theory*. Unpublished Master's Thesis, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
2. Ladha, A. (2002-2005). *Effects of an acute bout of exercise on immune function in childhood cancer survivors*. Unpublished Master's Thesis, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
3. Fairey, A.S. (2000-2002). *Effect of exercise training on natural killer cell cytotoxic activity in postmenopausal breast cancer survivors: Results from the REHAB (Rehabilitation Exercise for Health After Breast Cancer) randomized controlled trial*. Unpublished Master's Thesis, Center for Health Promotion Studies, University of Alberta, Edmonton, AB, Canada.
4. Papke, K. (1998-2000). *Stage-matched versus mismatched interventions for exercise behavior change*. Unpublished Master's Thesis, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
5. Bobick, T.M. (1997-1999). *The transtheoretical model and exercise in breast cancer survivors*. Unpublished Master's Thesis, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
6. Keats, M.R. (1997-1999). *Leisure-time physical activity and psychosocial well-being in adolescent cancer survivors*. Unpublished Master's Thesis, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
7. Hellsten, L.A. (1996-1999). *Effects of a time management intervention on exercise behavior*. Unpublished Master's Thesis, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
8. Baldwin, M.K. (1994-1996). *Exercise and self-esteem in breast cancer survivors: An application of the exercise and self-esteem model*. Unpublished Master's Thesis, Department of Educational Psychology, Faculty of Education, University of Calgary, Calgary, AB, Canada.
9. Estabrooks, P.A. (1994-1996). *Self-schema as a predictor of exercise participation in undergraduate students*. Unpublished Master's Thesis, Faculty of Kinesiology, University of Calgary, Calgary, AB, Canada.
10. Nigg, C.R. (1994-1996). *Understanding adolescent exercise behavior: An application of the transtheoretical model*. Unpublished Master's Thesis, Faculty of Kinesiology, University of Calgary, Calgary, AB, Canada.

Supervisory Committee

(a) Doctoral Students

1. Murray, T. (2004-present). *The relationship between indicators of socioeconomic status and control beliefs on physical activity behavior*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada
2. Blanchard, C.M. (1997-2001). *Social cognitive theory and adherence to a cardiac rehabilitation program*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.

(b) Master's Students

1. Burgess, J. (2005-present). TBA. Unpublished Master's Thesis, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.

2. Barrett, J. (2004-present). *Diabetes, physical activity, and gender differences*. Unpublished Master's Thesis, Center for Health Promotion Studies, University of Alberta, Edmonton, AB, Canada.
3. Scime, G. (2004-present). *The effect of choice of exercise program on exercise adherence*. Unpublished Master's Thesis, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
4. Loitz, C.C. (2001-present). TBA. Unpublished Master's Thesis, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
5. Brunet, S. (2001-2003). *Exercise and diabetes in First Nations Peoples*. Unpublished Master's Thesis, Center for Health Promotion Studies, University of Alberta, Edmonton, AB, Canada.
6. Mathew, R.T. (1998-2000). *Exercise barriers in elderly low-income women*. Unpublished Master's Thesis, Center for Health Promotion Studies, University of Alberta, Edmonton, AB, Canada.
7. Tsang, R. (1997-1999). *Teenagers and sun protection*. Unpublished Master's Thesis, Department of Human Ecology, University of Alberta, Edmonton, AB, Canada.
8. Molinari, D. (1994-1996). *A psychometric examination and refinement of the Canadian Forces Attrition Information Questionnaire: Comparing the reasons cited by Anglophones and Francophones in the leave-decision process*. Unpublished Master's Thesis, Department of Psychology, Faculty of Social Sciences, University of Calgary, Calgary, AB, Canada.

Examining Committee

(a) Doctoral Students

1. Wilson, P. (2003). *Psychological need satisfaction and exercise*. Unpublished Doctoral Dissertation, Faculty of Physical Education, University of Alberta, Edmonton, AB, Canada.
2. King, S. (2000). *Role of exercise and education for persons with fibromyalgia*. Unpublished Doctoral Dissertation, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton, AB, Canada.
3. Ball, G. (1998). *Comparison of two treatment approaches for childhood obesity*. Doctoral Dissertation Candidacy/Proposal, Faculty of Rehabilitation Medicine, University of Alberta, Edmonton, AB, Canada.

External Examiner

(a) Doctoral Students

1. Hope, P.A.J. (in progress). *Fatigue in women undergoing adjuvant breast radiotherapy: Impact of an exercise program*. Unpublished Doctoral Dissertation, Faculty of Communications, Health & Science, Edith Cowan University, Perth, Australia.
2. Hall, P.A. (2001). *Examining the role of time perspective in the promotion of healthy behavioral practices: Evidence from correlational and experimental studies*. Unpublished Doctoral Dissertation, Department of Psychology, Faculty of Arts, University of Waterloo, Waterloo, ON, Canada.
3. Hubball, H.T. (1996). *Development and evaluation of a worksite health promotion program: Application of critical self-directed learning for exercise behaviour change*. Unpublished Doctoral Dissertation, Interdisciplinary Studies, University of British Columbia, Vancouver, BC, Canada.

(b) Master's Students

1. Maddison, R. (2000). *An integrated social-cognitive model for predicting exercise compliance among patients with a cardiac diagnosis*. Unpublished Master's Thesis, Department of Sport and Exercise Science, University of Auckland, Auckland, New Zealand.

Awards/Scholarships to Supervised Students

1. Campbell, K.L. (2005). *Exercise, hormones, and breast cancer risk*. Postdoctoral Research Fellowship Awarded by the Canadian Institutes of Health Research, 3 years (\$50,000/year).
2. Campbell, K.L. (2005). *Exercise, hormones, and breast cancer risk*. Postdoctoral Research Fellowship Awarded by the National Cancer Institute of Canada, 3 years (\$36,200/year)—declined.
3. Vallance, J.K.H. (2005). *Physical activity promotion in breast cancer survivors: A population-based randomized controlled trial*. Canada Graduate Scholarship Doctoral Award funded by the Canadian Institutes of Health Research, 2 years, (\$40,000/year).
4. Vallance, J.K.H. (2005). *Physical activity promotion in breast cancer survivors: A population-based randomized controlled trial*. Canadian Cancer Society Research Studentship funded by the National Cancer Institute of Canada, 4 years (\$22,700/year)—declined.
5. Fairey, A.S. (2004). Summer Studentship funded by the Alberta Heritage Foundation for Medical Research, 4 months (\$5,200).
6. Karvinen, K.H. (2004). *Exercise, quality of life, and individual motivational determinants of exercise in older cancer survivors*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
7. McNeely, M.L. (2004). *The efficacy of progressive resistance exercise training in head and neck cancer survivors*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
8. van Aerde, A. (2004). Summer Studentship funded by the Alberta Heritage Foundation for Medical Research, 4 months (\$5,200).
9. Campbell, K.L. (2003). *Association between aerobic fitness and estrogen metabolites in premenopausal women*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
10. Keats, M.R. (2003). *Exercise and quality of life in pediatric cancer survivors*. Health Research-Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
11. Fairey, A.S. (2003). Summer Studentship funded by the Alberta Heritage Foundation for Medical Research, 4 months (\$5,200).
12. Karvinen, K.H. (2003). *A pilot study examining the relationship between physical exercise and quality of life in endometrial cancer survivors*. Epidemiology Graduate Studentship funded by the Alberta Cancer Board, 1 year (\$20,000).
13. Peddle, C. (2003). Province of Alberta Graduate Scholarship funded by the government of Alberta, 2 years (\$17,000/year).
14. Vallance, J.K.H. (2003). *The relationship between physical exercise and quality of life in non-Hodgkin's lymphoma survivors*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
15. Campbell, K.L. (2002). Province of Alberta Graduate Scholarship funded by the government of Alberta, 2 years (\$17,000/year).
16. Fairey, A.S. (2002). *Effects of exercise training on serum sex steroid hormones in postmenopausal breast cancer survivors: a randomized controlled trial*. Funded by Life Fitness Academy--Michael L. Pollack Memorial Grant, 1 year (\$2,500 US).

17. Fairey, A.S. (2001). Izaak Walton Killam Memorial Scholarship funded by the University of Alberta (\$20,000 per year) and Province of Alberta Graduate Scholarship funded by the government of Alberta (\$9,300/year).
18. Jones, L.W. (2000). *Effects of oncologist-based counseling on exercise in cancer patients*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).
19. Blanchard, C.M. (1999). *Influence of social cognitive theory on males and females in cardiac rehabilitation*. Doctoral research award funded by the Medical Research Council of Canada, 3 years (\$19,500/year).
20. Rhodes, R.E. (1999). *Personality-matched exercise interventions for cancer survivors*. Health Research - Full-Time Studentship Award funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$21,500/year).

Awards/Salary Support to Mentored Colleagues

1. Culos-Reed, S.N. (2003). *Physical activity for cancer survivors*. Population Health Investigator Award. Funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$112,500).
2. Ingram, C. (2003). *A research program of weight and body composition management for women with breast cancer*. Funded by the United States Department of Defense Breast Cancer Research Program, Office of Congressionally Directed Medical Research Programs—Clinical Nurse Research Award, 2 years (US\$56,408).
3. Plotnikoff, R.C. (2001). *Physical activity and population health*. Population Health Investigator Award. Funded by the Alberta Heritage Foundation for Medical Research, 3 years (\$568,691).

PROFESSIONAL SERVICE SUMMARY

(a) Journal Editorial Service

Associate Editor - Journal of Sport and Exercise Psychology (2001 - present).
Section Editor (Psychology) - Research Quarterly for Exercise and Sport (1999 - 2005).
Editorial Board Member - Journal of Sport and Exercise Psychology (1999 - 2000).

(b) Journal Guest Reviewer

Annals of Behavioral Medicine; Avante; British Journal of Health Psychology; British Journal of Social Psychology; Cancer; Health Education and Behavior; Health Psychology; International Journal of Behavioral Medicine; Journal of Aging and Physical Activity; Journal of Applied Social Psychology; Journal of Applied Sport Psychology; Journal of Behavioral Medicine; Journal of Clinical Oncology; Journal of Physical Activity and Health; Journal of Sport & Exercise Psychology; Medicine & Science in Sports & Exercise; Nutrition and Cancer; Personality and Individual Differences; Preventive Medicine; Psychology and Health; Psychology, Health, & Medicine; Psychology of Sport and Exercise; Psycho-Oncology; Quality of Life Research; Research Quarterly for Exercise and Sport; Supportive Care in Cancer.

(c) Granting Agency Committee Member

Alberta Heritage Foundation for Medical Research—Health Trainee Advisory Committee (1998-2001).
Canadian Institutes of Health Research—Health Research Awards (Training) Committee (1999-2001) and New Investigator Awards Committee (2001, 2003).
Lance Armstrong Foundation—Cancer Survivorship Committee (2003-2005).
United States Department of Defense Breast Cancer Research Program, Behavioral and Social Sciences Committee (2000).

(d) Granting Agency Reviewer

American Cancer Society; British Columbia Health Research Foundation; Calgary Regional Health Authority; Canada Research Chairs Program; Canadian Fitness and Lifestyle Research Institute; Canadian Institutes of Health Research; Cancer Research UK; Heart and Stroke Foundation of Canada.

(e) Conference Advisory Committee

Member, Advisory Committee, 2nd International Cancer Survivorship Conference (March, 2006), Vancouver, BC.

(f) Conference Program Committee Member

North American Society for the Psychology of Sport and Physical Activity (2000).

(g) Conference Abstract Reviewer

World Congress of Psycho-Oncology (2003).

Society of Behavioral Medicine (1999, 2003).

(h) Conference Session Chair/Moderator

World Congress of Psycho-Oncology (2003).

(i) Scientific Advisory Board Member

Member, Scientific Advisory Board, the Lance Armstrong Foundation (2003-2005).

(j) Consultant

Therapeutic Approaches to Anemia (2002). Oncology Interactive Education Series. Jack Digital Productions Inc. (CD ROM). (**Courneya, K.S.**: Medical Consultant).

(k) Honors

1. Visiting Scientist, Queensland Cancer Agency/University of Queensland, Brisbane, Queensland, Australia (April 24 – May 1, 2004).
2. Visiting Professor, University of Western Australia, Crawley, Western Australia, Australia (February 28 - April 24, 2004).
3. Invited Participant, meeting of *Nutrition and Physical Activity Workgroup on Cancer Survivorship* hosted by the American Cancer Society, Denver, CO (March 26-27, 2003).
4. Invited Participant, *Technical Expert Panel Meeting for Physical Activity Evidence Review* hosted by the U.S. National Institutes of Health/National Cancer Institute, Division of Cancer Control and Population Sciences, Office of Cancer Survivorship, Washington, D.C. (January 29, 2003).
5. Invited Participant, Meeting on *Physical Activity and Cancer Survivorship* hosted by the U.S. National Cancer Institute, Division of Cancer Control and Population Sciences, Office of Cancer Survivorship, Washington, D.C. (October 15-16, 2001).
6. Invited Participant, Workshop on *Developing a Colorectal Cancer Research Strategy for Canada* hosted by the Canadian Institutes of Health Research and the National Cancer Institute of Canada, Toronto, Ontario (June 8-9, 2001).
7. Invited Participant, U.S. National Cancer Institute's *Leukemia, Lymphoma, and Myeloma Progress Review Group Roundtable Meeting – Education, Communication, and Behavior Research Subgroup*, Chantilly, Virginia (December 13-15, 2000).
8. Invited Participant, Workshop on *Physical Activity and Cancer Prevention* hosted by the Division of Preventive Oncology, Cancer Care Ontario, Toronto, Ontario (March 24-25, 2000).